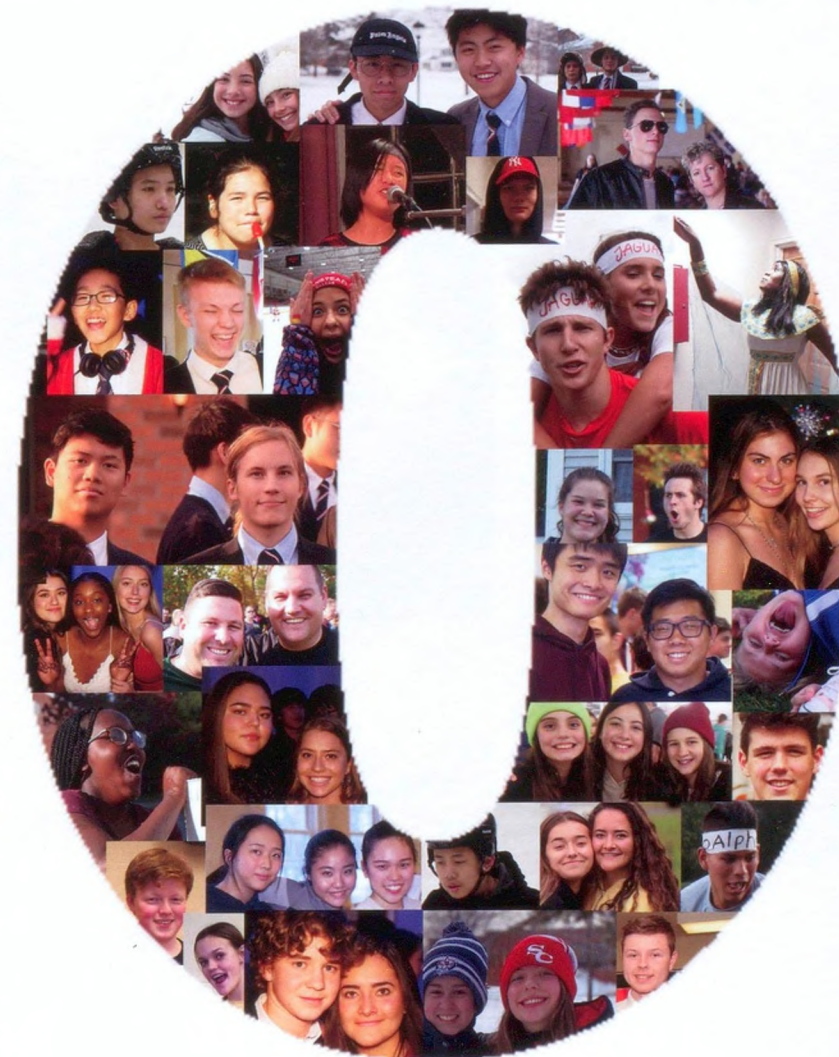


SPECTRUM

2020





SPECTRUM

2020

EDITOR: KAREN KOSUGI

MESSAGE FROM THE ACTING HEAD OF SCHOOL

I hope that you will all enjoy the 2020 Spectrum. The photos, write-ups, and memories that will be shared in this yearbook will definitely be unique to this year, and to all of you.

Though I suspected that my role as acting head of school would be one of the major changes Stanstead College experienced this year, it is clear that this was far from the "big" change. It is with a chuckle that I remember Mr. Wolfe's words to me as he began his sabbatical in September: "Don't worry, the school practically runs itself!" I suppose that would be true were it not for the global pandemic. But he is right in so many ways. Stanstead's faculty and staff do not need anyone to direct them – they are all fully committed to teaching, coaching and supporting all of you. And they all continually go above and beyond to make this the exceptional school that it is.

This school year will forever be remembered by students and faculty at Stanstead and around the world as the year of COVID-19, the year when we had to close the campus, the first time our students ever studied remotely and the first time our faculty had to offer distance learning.

This year will also be remembered as the year that did not really end. Not only did all our students miss the many exceptional opportunities that come with springtime on campus (truly one of the best times of the year) but they also missed graduation, Baccalaureate and saying goodbye to long-time friends, advisors and teachers. They missed the fireworks, the sleepless last night in the residences, the farewell tears and long, warm hugs as everyone bid their farewells.

Yes, we did these some of these things virtually. But perhaps now more than any time before, we all fully understand and appreciate that nothing can replace the in-person time at a school like ours. In many ways, I feel grateful that the pandemic and shutdown only happened in the third term, after all our relationships had already been formed and we all knew each other well. Staying in touch was an easy commitment at that point. The gratitude you all expressed while you were studying remotely was a very clear indication of the special place you called home.

This June marked my 25th year at Stanstead College. My husband is an alumnus and with Tyler graduating, both my children are now alumni too. Despite not having studied here, I feel as much a part of the fabric of this special

place as if I had been. I often wish I had been given the opportunity to attend this school as a student.

When I travel abroad and meet up with alumni around the world, we laugh and reminisce about the same things. I hear the same stories from alumni who graduated 25 years ago, as those who graduated two years ago. We remember Café Cappuccino, variety shows, winter carnival, all-campus, tournaments won and lost, special faculty and staff members and so much more. I look forward to sharing this laughter and nostalgia with each of you in the future too.

Yes, reminiscing about 2020 will not be exactly the same as previous years. But rest assured that these memories, as well as the bonds developed with the people with whom you shared them, will stay with you a very long time. The connection you have to the Stanstead alumni network will keep growing and I hope that, like me, you too will develop new friendships with the alumni that you meet at gatherings around the world.

In January, alumnus John MacKay passed away. His legacy will live on in the many ways that he contributed to the school and our facilities, like the MacKay gymnasium. But perhaps most importantly, John will be remembered as a friend of the school, a committed member of the board of trustees, someone who anxiously looked forward to Christmas gatherings with Stanstead colleagues every year, and as someone whose ties to the school were never broken but only strengthened throughout his life. How many people can say that about their high school!

To the graduating students, I hope you will all experience this kind of connection as many of you move on to university or return home. We will want to keep in touch with you. We will want you to return to celebrate occasions with us. We will want to know how and what you are doing. And we will want to celebrate your future successes with you.

As 2020 moves into our memories, I will leave you with the words spoken by Pat Burns in 2010, "Don't be sad that it's over. Be happy that it happened!"

I am happy that this year happened. And I am honoured to have spent it with all of you. Enjoy the 2020 Spectrum, and please stay in touch with your Stanstead College family.

Joanne Carruthers
Acting Head of School



Mrs. Carruthers with virtual kids, advisees Helen Yudo and Dominique Hudon, and actual kid Tyler.



GRADE 11/12 GRADS

12s



CARTER BENEDICT

Nickname: none
From: Fort Covington NY
At Stanstead Since grade: 12
Best memory: Lifting with the boys
Ambition: Hotel manager
Special thanks: Ms. Hessian for helping me with my college applications



ANTOINE BERUBE

Nickname: Alexei, Early Bird
From: Russia
At Stanstead Since Grade: 12
Best Memory: The friends along the way
Ambition: Striving for a better world
Special Thanks: All my teachers



DAVID BLAIS

Nickname: Dave or Blazer
From: Rosemère, Que.
At Stanstead Since Grade: 11
Best Memory: Working out every day at 6 am with Tyler and Ba Nam
Ambition: Buy a cottage so I can drive there while listening to some Jack Johnson with my future wife and kids
Special Thanks: Thanks to my parents for sending me here. I recognize and admire all the sacrifices you made so I could have a proper education. Thanks to my grandma for allowing me to stay at her place so I could study at SC. This part of my life will always be remembered and I will cherish the memories I created here forever.



ANDREW BOUCHARD

Nickname: Bouchard, Bouch, Bouchy (occasionally repeated twice), Capi, Big Bouch
From: Newport, Vermont
At Stanstead Since Grade: 7
Best Memory: Habitat in Nicaragua, Vietnam service learning trip, the schnitzel record, Mario Kart with the fellas, spring activities
Ambition: Travel a lot, help people and make people laugh
Special Thanks: My parents and brother for putting up with me, Ms Hessian for always being there, Jer, Oscar, Bucatel, Jamie, Rose, Charlotte and the rest of the boys for being cool and also putting up with me, and of course Ms Alta at the gym, none of this would be possible without her.





ANDREI BUCATEL

Nickname: Bucatel, Moldovan Monster, Big Buca, Drel,
From: Moldova
At Stanstead Since Grade: 7
Best Memory: Living the stead, life playing basketball and making unforgettable friendships
Ambition: To become CEO of the most efficient restaurant in the world
Special Thanks: A big thank you to my parents and teachers who supported me throughout the year. The biggest thanks goes to my advisor. I must say days felt really long sometimes but M. Charet always knew how to cheer me up. Thank you.



TYLER CARRUTHERS

Nickname: Tearr
From: Steanstead, Quebec
At Stanstead Since Grade: 7
Best Memory: making my prefect video with one of my closest friends Conner.
Special Thanks: Mr. Blair for having my back throughout my stanstead career. Mr. Liverpool, Ms. Bernier and Ms. Norris for making my final athletic year at stanstead such a great and unforgettable one. Oscar, Conner, David, Yoshi, Jeremy, Andrew, Ba Nam, Sam, Dominique, Jeniva, Karen and Sumomo for being true friends.



NIL CLE

Nickname: niuuuuuuuu (that's my insta)
From: everywhere but mostly Switzerland
At Stanstead Since Grade: 11
Best Memory: Every time I remember leaving the school (lol); having my Rolls Royce & a hairless cat
Special Thanks: Ava, Juliette, Isa, Cici, Emily H, Fortu, Dom for always putting a smile on my face & breaking the rules with me; to Mrs. Carruthers who allowed me to graduate, it's really appreciated; to Sonia & Holly for legit helping me not having mental breakdowns every 2 days; again thank you Ava for being the best friend I could ever ask for, you're like my sister, like I don't even care if you take my clothes like b it's yours, you know if you know



JENIVA COFFEE

Nickname: Jennaynay
From: Montgomery, VT
At Stanstead Since Grade: 9
Best Memory: Grade 11 Ottawa trip
Ambition: To become a veterinarian
Special Thanks: To all of the friends that I have made the past few years





DOMINIQUE CORMIER

Nickname: Dom/Corms
From: Sainte-Marie-de-Kent, NB
At Stanstead Since Grade: 11
Best memory: Hockey road trips and beating Shattucks in their home rink
Ambition: To play hockey at Princeton University
Special Thanks: To my family, friends, coaches and teachers



DEVON DEVRIES

Nickname: Dev
From: Saint-Lazare, Que.
At Stanstead Since Grade: 11
Best Memory: Completing my 20 hours
Ambition: I have none
Special Thanks: the frenchies and the roomies



CONNER ELMANN

Nickname: Condog
From: Chugiak, Alaska
At Stanstead Since Grade: 11
Best Memory: Davis TOD late night talks, road trips with the boys, Pierce Hall shenanigans
Ambition: Pursuing athletic training/therapy
Special Thanks: My mom for pushing me to be the best version of me possible. I couldn't have done it without your endless support. Thank you everyone who was by my side through the rough times; Mr. Spirk and Ms. Garrett who've both become parents and more to me. Nurse Sonia and the entire Health Center for making my time there more like a home away from home. All of Davis House for being a blast on so many levels. All of my teachers for genuinely caring and helping me with the academic side of things. Coach P and Coach T for not giving up on me as I pushed to finish hockey on a high note. Mr. Van Dyke for being one of the greatest mentors and friends I have ever known. And thank you to the Stanstead Family for making the past two years priceless.



EMILY EIKELBOOM

Nickname: Boomer
From: Chesterville, Ont.
At Stanstead Since Grade: 11
Best Memory: cards with Hannah, Portia and Isa, the hockey road trips, the pick up volleyball, trying to fix the air vent with rich
Ambition: That whatever I choose to do in the future it is something that I love and enjoy
Special Thanks: To all my friends, teachers and teammates that have made this last year great





PORTIA ELDAUN

Nickname: Porschie

From: Sparwood, BC

At Stanstead Since Grade: 11

Best Memory: Elected first-ever student council president

Ambition: Masters degree of finance

Special Thanks: To all my friends at Stanstead for 2 years 3217km away from home. Hannah, my roommate and best friend. The girls on the hockey team making every day fun and challenging. Thanks to all the faculty for making my time at Stanstead prosperous.



CECILIA FAVA

Nickname: Cici

From: Lévis, Que.

At Stanstead Since Grade: 11

Best Memory: Isa popping a bottle of apple cider in BJ's car after eating candy and the cork bouncing off the roof right on her forehead and spilling it everywhere; Ava and I's tiktok adventures; getting lost in mtl with Isa; staying up till 3 at CAIS; doing hours; facetimeing James and Phil with Ava... (wish I could fit more on here)

Ambition: Live to see myself get a sports award

Special Thanks: To everyone: friends, family, teachers, coaches... *especially lilay*, for showing me what friendship, support and home is about, and who made these the best two years ever :)



EMILIE FORTUNATO

Nickname: Fortu, Fortune, 42

From: Laval, Que.

At Stanstead Since Grade: 11

Best Memory: Road trips with the team, Isa throwing my bed outside in the rain, mini-football games with Hannah and Portia, winning against Shattuck's, dance parties with Holmes and Dom, Nil's going away party with Ava, Cici, Em, Juliette and Isa, study time talks with Rose and Juliette, winning the NAPHA championship

Ambition: To finish high school
Special Thanks: Thanks to my family, friends, teammates (especially to Holmes for putting up with me as a d-partner for two years), teachers and coaches



ROSALIE GADOUA-GIROUX

Nickname: Gadou, Rose, HP

From: Candiac, Que.

At Stanstead Since Grade: 10

Best Memory: That time I faceplanted in math class, drinking Isa's special beverage at prom and being named head prefect.

Ambition: Show up to 8:30 am college classes, survive the pandemic, grow by a foot or 2 and learn math.

Special Thanks: Fortu and Juliette for throwing the bread, Tammy for keeping me company on the bench, Rosema for letting me take care of her and Bouchard and James for the endless supply of hugs.





JEREMIE GAGNON

Nickname: Jer
From: Lewisville, NB
At Stanstead Since Grade: 9
Best Memory: Roadies with Beej and Matty, late night Mario Kart races with Bouch and Oscar, and the Davis Slip'n Slide 2019 (if you know you know).
Ambition: Open my own engineering firm.
Special Thanks: To my parents, for supporting me and being the best. To my advisor Miss B and advisees, you guys are the best. And lastly Beej, Matty, Bouch and Oscar, you guys made these last four years the best.



JANE GERVAIS

From: Valcourt, Quebec
At Stanstead Since Grade: 10
Best Memory: Take-out dinner on the carpet
Ambition: To become a well-rounded individual and an impact player at the college level
Special Thanks: To Mr. Vanasse, for his help and support during the past three years. To Charlotte, for being an amazing friend I could always count on. Finally to Ms Norris, for being my second mom/friend/psychologist/listener/motivational speaker these past two years.



OSCAR HASSE

Nickname: Just Oscar
From: Montgomery, Vermont
At Stanstead Since Grade: 9
Best Memory: Still the Haase Brothers Lip sync of 2019
Ambition: Space. Anything space.
Special Thanks: To Doccy for all the homework, and all of my teachers in general. To my friends: Jer, Bouch, Charlotte, Connah, Tyler, Sophie, Benizbri, Ba-Nam, Alexei, and everyone else. To my beautiful roommate. And most of all, to Google, for getting me through online AP exams.



EMILY HOLMES

Nickname: Em or Homie
From: Miramichi, NB
At Stanstead Since Grade: 10
Best Memories: Winning playoffs 5 times in a row!! Fight night & dance parties in the dressing room, beating Shattuck's, Rugby fests, Sunday movie nights, trips to Magog & Brossard 2018, practicing piano in the music room, Washington tournaments, Winter runs, Brit's Xmas party '17
Ambition: Marry a famous NHL player
Special Thanks: To my family!! My past roommates Elena, Ivy & Nil, all the girls I've played with as a Spartan, to Dom, Fortu, Nil, Ava, Cici, Isa, Milou, & Julliette for memories that will last a lifetime, to the best roadie roommates, HanJ & Portia, and finally to Sarah, Brit, Corrie, Planetta and many more who helped shape me into the person I am today!



CHARLES LION

From: Mont-Royal, Que.

At Stanstead Since Grade: 12

"Life can only be understood backwards; but it must be lived forwards." - Søren Kierkegaard



DOMINIQUE HUDON

Nickname: Dom

From: Wemindji, Que.

At Stanstead Since Grade: 9

Best Memory: Getting invited to cut a Christmas tree that was supposed to take 20 minutes but took a whole afternoon, during mid-term exams.

Ambition: Help all indigenous in Canada

Special Thanks: Thanks to the halfway for being there since the beginning! Thanks to Sumomo for being there through my ups and downs and for the many evening study dates! Thanks to Nil, Em H, Ava, Helen, and Sophie for being amazing people and boosting my confidence! Thanks to the HC fam for all the love and support! Thanks to my advisor for being there and believing in me! Thanks to my family for always being there no matter what!



PHILIPPE JACQUES

Nickname: Lennie

From: Quebec City

At Stanstead Since Grade: 12

Best Memory: Couching in Cowen watching Netflix

Ambition: Play NCAA D1

Special Thanks: To the Quebz who are now my brothers who made my year special



HANNAH JOHNSON

Nickname: HJ

From: Maine

At Stanstead Since Grade: 10

Best Memory: Dinner date when Portia wore heels, "Its only one ANNA," running football routes, Kennedy falling asleep in my backseat, cards with the jalapeños, and prickly pear
Ambition: To stay close and keep in touch with all the amazing people I met!

Special Thanks: Thank you to the hockey program, Ms. Sharman, the girls, JR, and Bernie. Thank you to my advisor, Ms Nicki Campbell. Most importantly, thank you to my best friends: Portia, Boomer, Kenny, Matty, Fortu, Charlotte, Isa, and so many more for making these past 3 years so fun.





MATTHEW JOHNSON

Nickname: Matty, Jonny, Texas
From: Santa Fe, TX
At Stanstead Since Grade: 9
Best Memory: BJ telling Jer to shut up every 5 minutes
Ambition: Hockey
Special Thanks: Jer and BJ; Mom and Dad for allowing me to keep chasing hockey and education



JAMES JORGE

Nickname: JJ
From: Garden City, NY
At Stanstead Since Grade: 11
Best Memory: playing Xbox with the boys in the dorm
Ambition: Work for a big company and be a successful businessman
Special Thanks: To my family who supported me, my grandparents, all my friends at Stanstead who made the two years the best, and Mr. Spirk and Shannon Garrett for being my second parents at Stanstead. Sonia for taking care of me when I needed help.



BENJAMIN KOO

Nickname: Ben, Koo
From: Hong Kong
At Stanstead Since Grade: 12
Ambition: To finish diploma
Best Memory: Basketball season
Special Thanks: Mr. Wolfe, my parents, teachers and my friends



KAREN KOSUGI

From: Toyama, Japan
At Stanstead College Since Grade: 10
Best Memory: Surprise birthday cake from my friends
Ambition: Travel all over the world
Special Thanks: To my friends and my mother





MAXIM KUBANEK

Nickname: Kubs
From: Czech Republic
At Stanstead College Since
Grade: 12
Best Memory: Outdoor rink with
 boys
Ambition: College hockey
Special Thanks: My parents and
 friends



THOMAS LIAO

Nickname: Jeffrey
From: Taiwan
At Stanstead Since Grade: 10
Best Memory: My roommate in
 Grade 10
Ambition: Be rich
Special Thanks: My parents,
 Daniel Rabago



JIYANG LYU

Nickname: Roy, Royster
From: Chengdu, China
At Stanstead Since Grade: 10
Best Memory: Not having to go
 to school since March
Ambition: Not much
Special Thanks: To all my
 teachers, to the Bugbee boys
 and prefects, to Sophie, Mr.
 DeCarlo and Ms. Mag, to Mr.
 Winquist, to Mr. Planetta and the
 curling team, to Mrs. Smith and
 Ms. LaMonth and the Math Club,
 to Ms. Wilkinson and Ms.
 Campbell for Outdoor Pursuits.



SHAUN MAHONEY

From: Saint-Augustin-de-Demaures, Que.

At Stanstead Since Grade: 12

Best Memory: All the church memories

Ambition: None

Special Thanks: Aux quebs

MARC-ANTOINE MAILHOT

Nickname: Mactonboi

From: Montreal Ouest, Que.

At Stanstead Since Grade: 11

Best Memory: Leaving for break

Ambition: Rendre le quebec un pays

Special Thanks: The teachers that didn't bother me and accepted that I wore headphones

GREGOIRE MALBEZIN

Nickname: Greg

From: Paris, France

At Stanstead Since Grade: 11

Best Memory: The 2018/2019 talent show when we all sang

Bohemian Rhapsody

Ambition: I want to be someone my family can be proud of.

Special Thanks: To my family and my friends who supported me during those two years. I am also grateful to the entire Stanstead crew that allowed me to grow as a person. And I really appreciate everything that I learned during this time.

"A lie is just a really great story that someone ruined with the truth." - Barney Stinson

ARIADNA MEZA RUBIO

Nickname: Ari

From: Veracruz, Mexico

At Stanstead Since Grade: 11

Best Memory: All the moments with my best friends

Ambition: idk

Special Thanks: To all my friends who became my family and made my 2 years at Stanstead amazing; Emilio for always being there for me; to Joliane, Cici, Ava and Val for being like my sisters; and to my crazy roommate for always making me laugh.





**BA NAM
NGUYEN**

Nickname: Calculus Lord and Saviour

From: Vietnam

At Stanstead Since Grade: 7

Best Memory: Sneaking out of the window in the middle of the night at least 6 times before getting bored.

Ambition: Becoming an anesthesiologist like my grandpa and drive the Medivac helicopter

Special thanks: to Mr. and Mrs. Wolfe for creating an awesome first-impression that made me want to keep studying at Stanstead on my first day at school (no regrets).



**TODD
NORTHGRAVE**

Nickname: Longman

From: Kanata, Ont

At Stanstead Since Grade: 9

Best Memory: Volleyball games by Bugbee in Grade 9/10

Special Thanks: To Mr. Spirk



**YOSHIIHIRO
OH**

Nickname: Yoshi

From: Hong Kong or Japan (Idk)

At Stanstead Since Grade: 11

Best Memory: basketball (pick-up games)

Ambition: Elon Musk

Special Thanks: Mr. Van Dyke



**KEITA
OKI**

Nickname: Kei

From: Tokyo, Japan

At Stanstead Since Grade: 10

Best Memory: Spending break with my friends

Ambition: To become a doctor

Special Thanks: Friends I made at Stanstead and my parent





MELIANNE REYNOLDS

Nickname: Milou
From: Sherbrooke, Que.
At Stanstead Since Grade: 10
Best Memory: Being roommate with my best friend Isabelle, ordering Demauz, flying to Minnesota, winning the playoffs 5 years in a row and coaching the Asia vs Mexico hockey game.
Ambition: Being successful after university
Special Thanks: To Marianne and Isabelle, friends that became family. To Juliette, Fortu, Dom, Holmes and Boomer for being such great friends. To M. Charest and my advisees. To Ms. Robi, Ms. Sharman, Ms. Jacobson. And to my parents who always supported me.



ISABELLE RICHARD

Nickname: Rich
From: Montmagny, Que.
At Stanstead Since Grade: 10
Best Memory: Crazy cards nights with Hannah, Portia and Boomer! When I opened a bottle of "apple cider" on my forehead while I was on "another planet" in BJ's car, my 3728 work detail hours, Wednesday Fun nights with Boomer, volleyball nights with the crew, putting Fortu's bed outside when it was raining... sorry again
Ambition: Playing rugby in college and being as happy as I can be!
Special Thanks: My silly roommate that I love, Marianne for being the best, Hannah, Portia, Boomer, Ju, Ava; literally everyone that I like, you know who you are, there's not a lot. Mrs Hessian for putting me on the right track. Mr. Spirk for letting Ryan stay an extra 15 minutes after curfew.



JASMINE RICHER

Nickname: Jaz
From: Baldwin's Mills, Que.
At SC Since Grade: 7
Best Memory: All the good times spent with my friends, seeing Val trip in the stairs at least one time a day, the early morning with Ava and Val realizing that we probably won't pass Biology
Ambition: Build my dream home from the ground up and obtain my PhD in psychology and open my own child psychology clinic
Special Thanks: I have been at Stanstead for 6 years and every single person helped me in one way or another. I would like to thank everyone from the bottom of my heart. Thank you for helping me not only grow as an individual but also be the best version of myself.



CHARLOTTE RIDDELL

Nickname: Char
From: Ayer's Cliff, Que.
At Stanstead College Since Grade: 10
Best Memory: Takeout on the carpet, CAIS room
Ambition: To have no regrets
Special Thanks: Fam, teachers, especially Miss Norris, Miss B and Mrs. Wolfe, friends who made it memorable and my one and only roomie





VALERIA RODRIGUEZ FERNANDEZ

Nickname: Val
From: Mexico City
At Stanstead Since Grade: 8
Best Memory: The first day I arrived at Stanstead, all the break trips, volleyball practices, prom, all the moments with the Mexicans, when Alexa peed herself while we were at the corn maze because she was scared and many more!
Ambition: Be successful in life
Special Thanks: To Mr. Rioux for being an awesome advisor for the past 5 years, Mr. Spirk and Shannon, Ari, Valentina, Jasmine for being the best of friends since the first day we met in Grade 8, to Hector, Ava and Cici for being the craziest bathroom roommates and always being there for me and basically everyone who made my 5 years at Stanstead the best. Love you all.



BRADLEY JAMES ROY

Nickname: BJ, Beej
From: Derby, VT
At Stanstead Since Grade: 8
Best Memory: Illegal roadies to Magog wtb, Pser telling me he's proud of me instead of "you can't even skate backwards"
Ambition: Biggest beauty in D5 beer league
Special Thanks: Matt and Jer



JACOB SAURIOL

Nickname: Jake the Snake
From: Ottawa, Ont.
At Stanstead Since Grade: 12
Best Memory: Road trips with the boys
Ambition: Realtor
Special Thanks: The Boys



AVA SHAFFER

Nickname: avashafsparkles
From: Stowe, Vt.
At Stanstead Since Grade: 10
Best Memory: "What was that noise?" - Erica; going out on the weekends with Nil and the girls; eating sm Taquitos with cici; every party in the dorms; James Jawoah; snack naps with Lily, Nils' grandmother; after prom last year (yikes)
Ambition: To be my own boss
Special Thanks: to all my friends but especially Cici for being the best roommate and friend over the past two years (sad our sleepover is over) and to Nil for not only being a great friend but for also being my sister, support system and entertainment. To Isa, Juliette, Dom, Emily H, and Fortu for always making me laugh and being there for me and to all my other amazing friends. I want to thank my second superhero moms Sonia and Holly, there are no words to describe how thankful I am for everything you've done for me. Spirk for helping my GPA and being an all round great person & lastly shout out to my parents, friends and family off campus you mean the world to me<3





SAMANTHA SMITH

Nickname: Sammy, Smitty
From: Georgeville Quebec
At Stanstead Since Grade: 7
Best Memory: After school going to the gym to play sports with my friends and pushing myself to strive to be the best.
Ambition: I want to be the best version of myself and show everyone how to have fun and be a real friend.
Special Thanks: The Smith family: LeeAnne, Peter, Ben, JR and Mousse.



DREW SOMERS

Nickname: Drewski
From: Bedford, NS
At Stanstead Since Grade: 12
Best Memory: Maritime dinners
Ambition: Mechanical engineer
Special Thanks: Ms. Hessian for always being available for help



ZACHARY STEPHENS

Nickname: Z-man
From: Lake Worth, Florida
At Stanstead Since Grade: 9
Best memory: After-prom was a rip
Ambition: Real estate broker
Special Thanks: My family and the boys for making my years here way better than I ever could imagine.



MAXWELL STEWART

Nickname: Stewy
From: Walpole, MA
At Stanstead Since Grade: 12
Best memory: Being with the boys
Ambition: Be rich
Special Thanks: To Dev DeVries





SUMOMO SUSUTA

From: Tokyo/Hawaii

At Stanstead Since Grade: 7

Best Memory: Hanging around with Anqi during the break and cutting down and carrying the Christmas tree for Tyler's house with Keita, Ba Nam, Tyler, and Dom, and ending up cutting the huge tree we carried. The hot chocolate we had after this was great :)

Ambition: Surgeon

Special Thanks: Anqi P., Keita O., Ben K., Dominique H., Gregoire M., Tyler C., Ba Nam N., Alexei B., Connor E., Sam S., Jeniva C., Jason S., Karen K., Yoshi O., Andrew B., Helen Y., Xavier G., Roy L., Sophia F., Mrs. Smith, my advisees, my teachers, and all the people who I spent time with :)



JIALE TANG

Nickname: Candice

From: Shanghai, China

At Stanstead Since Grade: 8

"The future belongs to those who believe in the beauty of their dreams." - Eleanor Roosevelt



TATSUHIRO TERAKADO

Nickname: Tatsu

From: Japan

At Stanstead Since Grade: 10

Best Memory: All 4 rugby seasons. Especially the last season as captain. It was short but nice to play with the returning and new players.

Special Thanks: Mr. Spirk, Mr. Winquist and Shannon



JULIETTE VEILLEUX

Nickname: juju

From: Beauce Scott

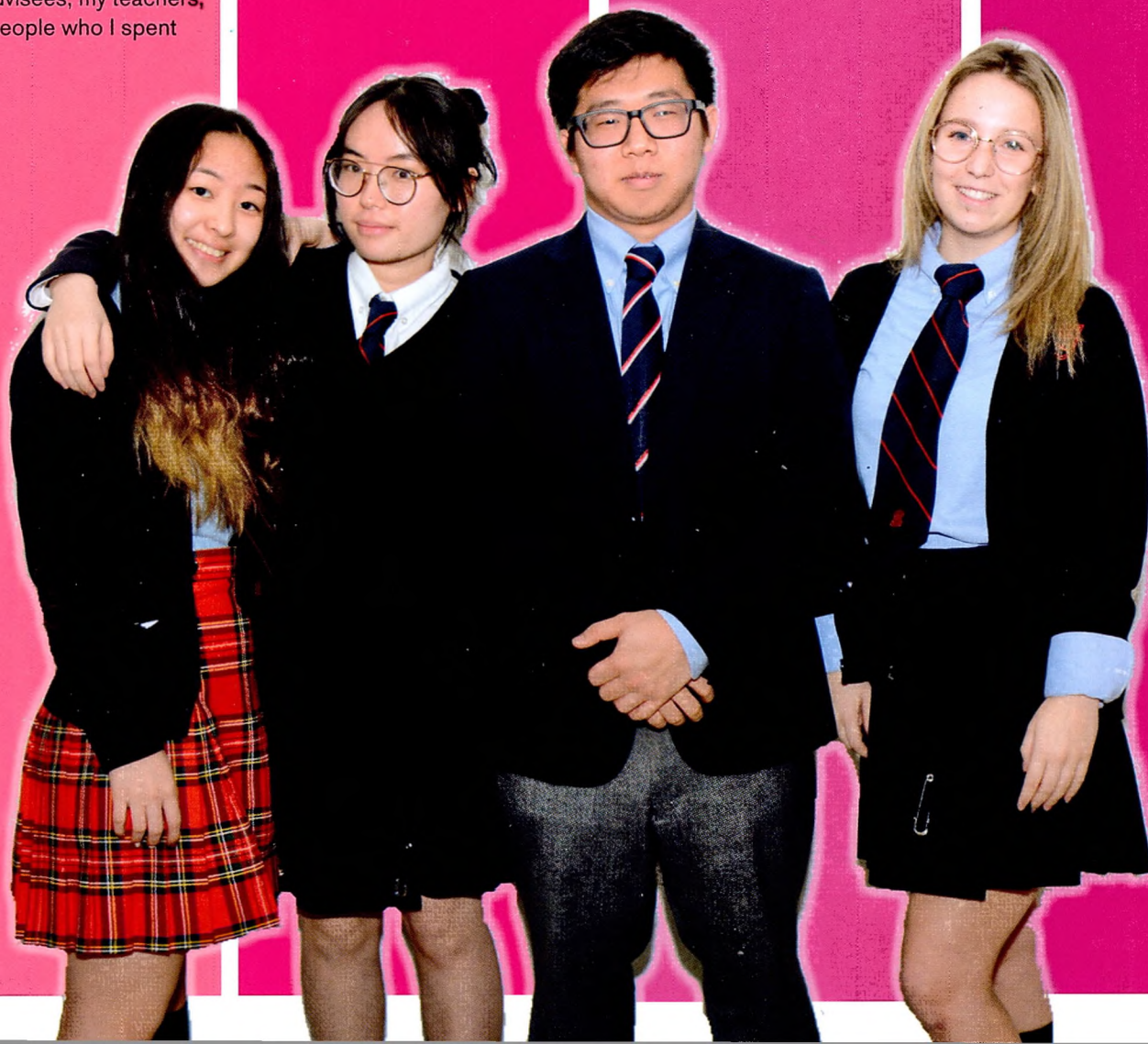
At Stanstead Since Grade: 11

Best Memory: Friday nights in Holmes and Nil room, weekends in mtl with the girls, ce lancer le pain à chaque soir avec ro et fortu,

Finishing school online, when Ava gave a concussion to nil before the lip sing battle

Ambition: to live my best life, to spaek anglishe

Special Thanks: my roommate et 42 to annoy me during study time, milou et isa de m'avoir endurer #c'estcheznousicitte and my family to support me



LIFERS 6-YEAR CLUB



**HELEN
YUDO**

Nickname: Helen/Michelle (long story)

From: Lagos, Nigeria

At Stanstead Since Grade: 9

Best Memory: Every. Single. Thing

Ambition: To fulfill whatever purpose I was created for. To make a positive difference in the lives of others.

Special Thanks: To my wonderful family and to God for all the help, comfort and encouragement I have received since birth.



**YUNYAN
ZHAO**

Nickname: Joy

From: Beijing China,

At Stanstead Since Grade: 8

Best Memory: Dinner chat with friends

Ambition: Be a successful animator

Special Thanks: Parents, faculty and my friends



**ANDREW
BOUCHARD**



**ANDREI
BUCATEL**



**TYLER
CARRUTHERS**



**BA NAM
NGUYEN**



**JASMINE
RICHTER**



**SAMANTHA
SMITH**



ANDREY AFANASYEV

Nickname: Dre
From: Moscow, Russia
At Stanstead Since Grade: 9
Best Memory: Davis basement
Ambition: Finally dunk in Grade 12
Special Thanks: The Davis boys



VICTORIA AZAR

Nickname: Vicky
From: São Paulo, Brazil
At Stanstead Since Grade: 10
Best memory: My favorite memory of this year, no doubt at all, was when me and Joliane tried to play Just Dance.
Ambition: Be TikTok famous. Haha
Special Thanks: my special thanks to Sonia, Miss B, Shannon, Miss Pimm, Jamie, Joilane, Tere, Ariela, Sofia, Tammy who helped me through the worst of my days. And they helped me to be who I am. Ava and Marianne for always making me feel better about myself.



MARIAMA BARRY

From: Ottawa, Ontario
At Stanstead Since Grade: 8
Best Memory: Tournaments, games and practices with Cici and Charlotte including our all nighter at CAIS. Carnival week was a highlight! And who can forget the hundreds of tiktoks made:)))
Ambition: My brother said I have to be a doctor, but I just want to own Air Jordan 1 Retros in every colour.
Special Thanks: To everyone who let me cut the line for caff style. My Grade 10 roommate; shoutout Audrey. Cici, Charlotte and Dev. Ava for always sb to my snapchat story. Mrs Kennedy Wilson:P and my lover Jo. Lastly to Ms. Norris for the past 3 years.

11s



ANDREW BIMM

Nickname: Bimmer or Bimbino
From: Coventry, Vermont
At Stanstead Since Grade: 7
Best Memory: January 15, 2019
Ambition: To come up with an ambition for Grade 12
Special Thanks: To the OGs





BENNETT CHADWICK

Nickname: Ben

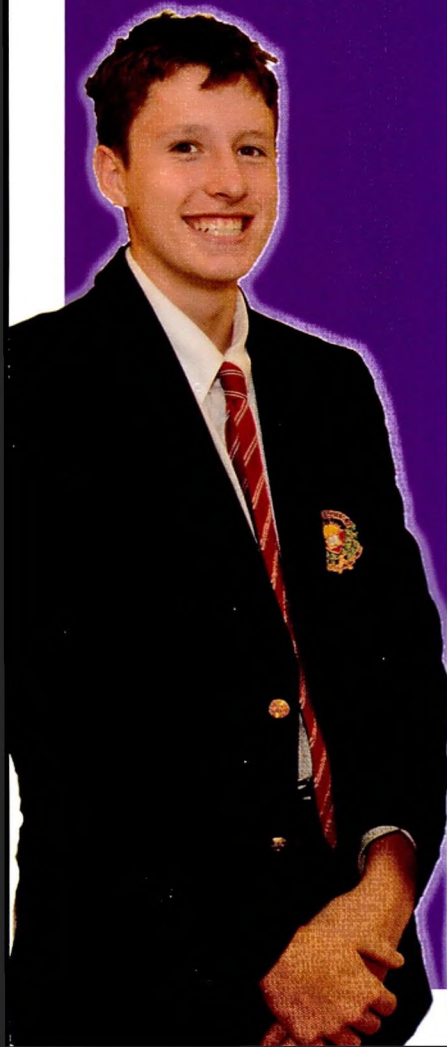
From: Ottawa

At Stanstead Since Grade: 11

Best Memory: Davis Nights

Ambition: Not sure yet

Special Thanks: Spirk, Shannon, Winquist, Mrs Lamonth and the Davis boys



CHAEYOUNG CHEONG

Nickname: Chae

From: Seoul, South Korea.

At Stanstead Since Grade: 11

Best Memory: Having a snow fight with my friends on winter carnival and making snow angles... The snow in Stanstead college was so beautiful

Ambition: Traveling Europe

Special Thanks: To all friends that I met :)



AIMÉE CLOUTIER

From: Mount Royal, Que.

At Stanstead Since Grade: 11

"Yesterday is gone. Tomorrow has not yet come. We have only today. Let us begin." - Mother Theresa



MICHAEL DEFOREL

From: Chavannes-de-Bogis, France

At Stanstead Since Grade: 10

"No one saves us but ourselves. No one can and no one may. We ourselves must walk the path." - Buddha





FRITZ DIETRICH

From: Walchensee, Germany
At Stanstead Since Grade: 9
Best Memory: Asia vs. Mexico
Ambition: Be more social
Special Thanks: Davis house



MARC-ANTOINE DUCHARME

Nickname: Duchyyy
From: Magog, Qc
At Stanstead Since Grade: 10
Best Memory: Road trip with the boys
Ambition: Have my Stanstead diploma
Special Thanks: My advisor Mr. Winquist, all the teachers and coaches.

WILLIAM DUHAMEL

From: St-Francois-Xavier-de-Brompton
At Stanstead Since Grade: 11

"You never change things by fighting the existing reality. To change something, build a new model that makes the existing model obsolete." - Buckminster Fuller



WILLIAM DYKE

Nickname: Dyker
From: Lethbridge, Alberta
At Stanstead Since Grade: 11
Favourite Memory: Skating on the outdoor rink with some of my teammates after we got back early from a tournament after Christmas
Ambition: Get to the highest level of hockey possible and get a great education while doing it
Special thanks: To Mr. Spirk and Ms. Garrett for being awesome house parents





PANAYIOTI EFRAIMIDIS

Nickname: Pana
From: Montreal, Que.
At Stanstead Since Grade: 11
Best Memory: Late night talks with the boys
Ambition: To do great things
Special Thanks: Thank you to Mr. Spirk and Miss Garrett for making my first year at Stanstead an unforgettable one. Thank you to my teachers and my coaches.



SOPHIA CAILLET FARFAN

Nickname: Farfan
From: Stanstead
At Stanstead Since Grade: 7
Best Memory: There is no specific event that I can consider my "best memory" because my time here has been an accumulation of them. School trips, games and getting to know so many people all contributed to what I loved about my time here.
Ambition: In the future, I hope to become a teacher.
Special Thanks: My advisor Miss N. Campbell, my friends and my parents



XAVIER FISK

Nickname: Fisker
From: Lennoxville, Quebec
At Stanstead Since Grade: Grade 11
Best Memory: Football after study in Davis
Ambition: Pharmacist or psychologist
Special Thanks: Ms. Carmen Campbell for being the best advisor



HADLEY FORBES

Nickname: Papi Chulo
From: Freeport Grand Bahamas
At Stanstead Since Grade: 10
Best Memory: When everyone turned Davis into a slip-and-slide during the water fights
Ambition: Live life till I die
Special Thanks: Mrs. Smith, Mrs. Reynolds, Mr. Spirk, Mrs. Campbell, Mr. Wolfe, all of Laundry





LAURENCE FRENETTE

Nickname: Lau

From: Boisbriand, Qc

At Stanstead Since Grade: 9

Best Memory: Winning 5th NAPHA championship, ODR with Bod and all our shenanigans, late night talks with Alexia

Ambition: To have fun in whatever I do

Special Thanks: To my teammates and coaches for the great season we had, to Miss Pérusse for being the best advisor, to Fortu for making every moment memorable, to Alexia and Audrey for being the best linemates, Kennedy for making me miss math class so I could go wake her up, Shanon Pimm for being my 2nd mom, Bod for always making me smile and being my best friend and finally to my parents who supported me along the way.



EVAN GASS

Nickname: Gasser

From: Cookshire-Eaton, Que.

At Stanstead Since Grade: 10

Best Memory: If I had to choose one it would have to be all the late nights hanging out with my friends. During these times we created special bonds that I don't think I will ever forget.

Ambition: Engineer or possibly continuing the family farm

Special Thanks: to anyone who has been there to help me grow over the past couple of years.

From coaches to teachers to close friends who I hope to never lose, you guys have made me a better person and I thank you.



KOREY GOUDREAU

Nickname: Special K

From: Stanstead

At Stanstead Since Grade: 9

Best Memory: 2018 school play

Ambition: Improve my drawing skills

Special Thanks: The OGs

MARIAN LABORAK

From: Limbach, Slovakia

At Stanstead Since Grade: 11

"I find that the harder I work, the more luck I seem to have."

Thomas Jefferson





OWEN HOLLINGSWORTH

Nickname: Holly, Hawen
From: Ottawa, Ont.
At Stanstead Since Grade: 11
Best Memory: The road trips with the boys
Ambition: To always have a good time
Special Thanks: The boys, Spirk, Ms Garrett, Winqvist

JIABAO HU

Nickname: Jessie
From: Chengdu, China
At Stanstead Since Grade: 10

"Don't let the fear of losing be greater than the excitement of winning." - Robert Kiyosaki



NICOLE ISAAK

From: Montreal, Que.
At Stanstead Since Grade: 11
Best memory: Having the best roommate Valentina Ruanova and the Volleyball team
Ambition: Get into university
Special thanks: my new friends for making Stanstead a great experience



RYAN JOHNSON

Nickname: RJ
From : Houston, Texas
At Stanstead Since Grade: 10
Ambition: Not to sure yet
Special Thanks: the boys, Spirk and Shannon, and Ms. Campbell



JAKUB KACZYNSKI

From: Poland/Sainte-Anne,
Guadeloupe

At Stanstead Since Grade: 10

*"Success is not the key to
happiness. Happiness is the key to
success. If you love what you are
doing, you will be successful." -
Albert Schweitzer*



JAKUB KALNY

From: Nucice, Czech Republic
At Stanstead Since Grade: 11

*"Many of life's failures are people
who did not realize how close they
were to success when they gave
up." - Thomas Edison*



AICK KARAYENZI

From: Kigali, Rwanda
At Stanstead Since Grade: 11

*"Keep on going, and the chances
are that you will stumble on
something, perhaps when you are
least expecting it. I never heard of
anyone ever stumbling on
something sitting down." - Charles
F. Kettering*



JUSTIN LAFORCE

Nickname: Whostain,
Habloostain, Joostain
From: Derby, Vermont
At Stanstead Since Grade: 9
Best Memory: This morning
Ambition: twitch.tv/just7n_
Special Thanks: The OG's





GAGE LARKIN

From: Santa Ana, CA
At Stanstead Since Grade: 9

"There is never time in the future in which we will work out our salvation. The challenge is in the moment; the time is always now."
- James Baldwin



HO LEE

Nickname: Chow Lee
From: Seoul, South Korea
At Stanstead Since Grade: 8
Best Memory: rugby trip, time with the boys
Ambition: Be a billionaire and live in LA
Special Thanks: To Mr Spirk and Mr Fraser and my friends yee



JOLIANE LEGAULT

Nickname: Jo
From: Boucherville, Que.
At Stanstead Since Grade: 10
Best Memory: Volleyball with my best friends and the best coaches, kissing Hayden, and the Christmas dance.
Ambition: No clue.
Special Thanks: To Corona for boosting my term three grade, to my family for always picking me up every weekend, to the best roomie Angie, to Pato for always being there for me, to my lover Mariama and to my other friends (you know who you are).



AUDREY MCCUTCHEON

Nickname: Cutch
From: St-Jean-sur-Richelieu, Que.
At Stanstead Since Grade: 10
Best Memory: Beating Shattuck St-Mary's
Ambition: Becoming a dentist and going to the Olympics as a hockey player
Special Thanks: Thank you so much to everyone who has supported me and who has been there for me since day one.





**MARIE-ANGE
NDEKWE**

From: Pretoria, South Africa
At Stanstead Since Grade: 10

"Let the future tell the truth, and evaluate each one according to his work and accomplishments. The present is theirs; the future, for which I have really worked, is mine." - Nikola Tesla

**MOE
NISHIZAWA**

From: Shizuoka, Japan
At Stanstead Since Grade: 11

"If you think in terms of a year, plant a seed; if in terms of ten years, plant trees; if in terms of 100 years, teach the people." - Confucius



**BODIE
NOBES**

From: Ste-Therese, Que.
At Stanstead Since Grade: 9

"My great hope is to laugh as much as I cry; to get my work done and try to love somebody and have the courage to accept the love in return." - Maya Angelou



**GERGELY
OROSZ**

Nickname: Greg
From: Gyor, Hungary
At Stanstead Since Grade: 11

"The secret of getting ahead is getting started." - Mark Twain





YUCHEN PAN

Nickname: Richard
From: Shanghai, China
At Stanstead Since Grade: 8

"It always seems impossible until it's done." - Nelson Mandela



KAZUAKI PEASLEY

Nickname: Kaz
From: Stanstead, Que.
At Stanstead Since Grade: 11

*"Quality is not an act, it is a habit."
- Aristotle*



ANQI PENG

Nickname: Lion King
From: China
At Stanstead Since Grade: 10
Best Memory: Trip to Vietnam, Cafe Cap, Lip Sync, living in Webster & Colby, trips to IGA & "Chicken Place", winter carnival and so much more <3
Ambition: Get rich
Special Thanks: Thanks to all the friends I've made here. Honestly I've learned a lot from people at Stanstead. Thanks to my best friends from all around the world :)



MARIANNE PICARD

Nickname: Pic, capi, Marie
From: Repentigny, Que.
At Stanstead Since Grade: 8
Best Memory: Late night talks with the girls, road trips with my besties, Washington tournament, post-track meet grocery shopping and sneaking in the dining hall to get cereal
Ambition: Becoming a doctor and Olympic medalist
Special Thanks: My best friends who became sisters Isa and Milou, don't know what I would do without you. The Webster girls Lea, Vicky, Tammy, Mariama and Kennedy for always being there for me since day one, love you guys so much. Alexia, Fortu, Dom and Holmes for being the funniest people alive and making hockey so much more fun, I will miss you guys! To the boys, Ryan Johnson, Ho Lee, Simon, Evan, Cole Jayden and Jay Tremblay for making my 4 years at Stanstead the best of my life. Finally thank you to Mrs. Smith, M. Simard, Ms. Vailancourt, Britt, Dugie Ross, Sonia, Bernie, Corie, Ms. Campbell and Mr. Rioux for supporting me along the way and being my biggest fans. I am forever grateful for the chance I had to work with all of you. xxx





NICOLAS POKORA

Nickname: Nico
From: Stanstead
At Stanstead Since Grade: 7
Best Memory: Playing sports with friends during the spring season
Ambition: Try a new sport and learn new skills
Special Thanks: My family for helping me succeed and the course the OGs



LEA-ROSE REMILLARD

Nickname: Lea
From: Washington, DC
At Stanstead Since Grade: 10
Best memory: All the girl talks in the dorm late at night. And the first week of school both years because that is where I met amazing lifelong friends.
Ambition: I want to follow my gut and stay happy and true to myself so wherever that takes me.
Special Thanks: All my amazing friends (you know who you are) for letting me be myself. My incredible coaches in the past two years who have spent countless hours forming us into better athletes and even better people. My family for being so supportive and encouraging towards my aspirations. Special thanks to my brother Antoine for going through this adventure with me this year. Can't forget my dedicated teachers both years nwho have been understanding and outstanding with their time.

VALENTINA RUANOVA AGUILAR

From: Mexico City, Mexico
At Stanstead Since Grade: 11
"Do the difficult things while they are easy and do the great things while they are small. A journey of a thousand miles must begin with a single step." - Lao Tzu



VICTORIA RUF

Nickname: Victor or V
From: Stanstead
At Stanstead Since Grade: 9
Best Memory: Ottawa trip
Ambition: Become a farm animal veterinarian
Special Thanks: Thank you so much, Farfan, for making these three last years the most fun school years I have ever had. Thank you for making Athletic and Academic Assembly nights hilarious, and most of all thank you for being my best friend.





HAJIME SAEI

From: Tokyo, Japan

At Stanstead Since Grade: 11

Best memory: Communicating with my friends

Ambition: I have an ambition of expressing who I really am.

Special Thanks: To my family, Adam Spirk, my agent, Mr. Fraser and other faculty & staff that helped me live better at Stanstead



AUSTIN SCARINZA

From: Bow, NH

At Stanstead Since Grade: 11

"Things do not happen. They are made to happen." - John F. Kennedy



ELISABETH SHANE

Nickname: Eli, Shane, Your Lord and Savior

From: Montreal, Que.

At Stanstead Since Grade: 11

Best Memory: Triple spare

Ambition: To have a German shepherd

Special Thanks: My friends



SIMON SINGER

From: St-Jean sur Richelieu Québec

At Stanstead Since Grade: 11

Best Memory: Road trip with the hockey team

Ambition: Make a living with hockey and pursue after in finance or business

Special Thanks: Thank you to the great house director Mr. Spirk and the boys of Davis



SAMUEL SMITH

Nickname: Sam
From: Ayer's Cliff, Que.
At Stanstead Since Grade: 7
Best Memory: Being with friends
Special Thanks: My advisor and my parents



WEI-AN TANG

Nickname: Annie, AT
From: The Earth
At Stanstead Since Grade: 8
Best Memory: Playing the teachers, and friends
Ambition: Take back what others take from me and give them back what they make me feel
Special Thanks: Chinese



WEI-JU TANG

Nickname: Laura
From: Taiwan
At Stanstead Since Grade: 8
Best Memory: Cooking for friends and eating together
Ambition: Business
Special Thanks: Mr. G during Music class, and a place for the Chinese group to chat and eat. Also Mr. Spirk, for having fun in French and other things.



JEREMY TREMBLAY

Nickname: Jay
From: Orford, Que.
At Stanstead Since Grade: 9
Best Memory: Roadtrip with the boys
Special Thanks: Everyone who I have met at SC





HECTOR VAZQUEZ AVILA

From: Xialalpa, Mexico
At Stanstead Since Grade: 11

"The key is to keep company only with people who uplift you, whose presence calls forth your best." - Epictetus



DINGYI WANG

Nickname: Alicia, Xiaxia, Wanger
From: China

At Stanstead Since Grade: 8

Best Memory: Talking with my friends and staying up late in the night before Baccalaureate.

Ambition: Becoming someone who can write touching words.

Special Thanks: To all my friends who helped me and stayed with me during my journey at Stanstead, as well as my teachers who taught me. Also, thanks to my advisor Mr. Charest for his support.



TAMARA WOOD-DAWNEY

Nickname: TamTam

From: Magog, Que.

At Stanstead Since Grade: 7

Best Memory: The time Vicky jumped out a window

Ambition: To grow taller jk to be a doctor

Special Thanks: You guys know who you are!



JIAJUN WU

Nickname: Michael, Jumanji
From: China

At Stanstead Since Grade: 7

Best Memory: Going to the gym after sport

Ambition: None

Special Thanks: Thanks to Mr. Peasley, Mr. Spirk and all my friends.





MISHIO
YOKOUCHI

From: Osaka, Japan
At Stanstead Since Grade: 11
Best Memory: Boston trip
Ambition: To be a doctor
Special Thanks: My family



MARIE
YOSHIZAWA

From: Tokyo, Japan
At Stanstead Since Grade: 10
Best Memory: Every Friday night I spent with my friends.
Ambition: 1) Enjoy the rest of Stanstead life. 2) To become successful after high school.
Special Thanks: To my parents for supporting me from Japan and all of my friends.



RYAN
YOUNG

From: Derby Line, Vermont + Maryland, USA
At Stanstead Since Grade: 7
Best memory: Spain trip
Ambition: Business,
Special Thanks: To Spirk and Shannon



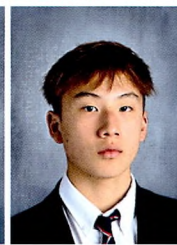
Carter Benedict
Alexei Berube
David Blais
Andrew Bouchard
Andrei Bucatel
Tyler Carruthers
Nil Cle



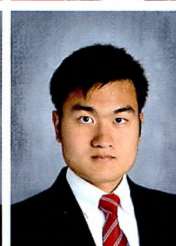
Jeniva Coffee
Dominique Cormier
Devon De Vries
Conner Ehmann
Emily Eikelboom
Portia Eldaun
Cecilia Fava



Emilie Fortunato
Rosalie Gadoua-Giroux
Jeremie Gagnon
Jane Gervais
Oscar Haase
Emily Holmes
Charles Hon



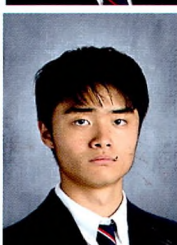
Dominique Hudon
Philippe Jacques
Hannah Johnson
Matthew Johnson
James Jorge
Benjamin Koo
Karen Kosugi



Maxim Kubanek
Marguerite Lefebvre
Thomas Liao
Jiyang (Roy) Lyu
Shaun Mahoney
Marc-Antoine Mailhot
Gregoire Malbezin



Ariadna Mezo Rubio
Ba Nam Nguyen
Todd Northgrave
Yoshihiro Oh
Keita Oki
Melianne Reynolds
Isabelle Richard



Jasmine Richter
Charlotte Riddell
Valeria Rodriguez
Fernandez
Bradley James Roy
Jacob Sauriol
Ava Shaffer



Samantha Smith
Drew Somers
Zachary Stephens
Maxwell Stewart
Sumomo Susuta
Jiale (Candace)
Tang



Tatsuhiro Terakado
Juliette Veilleux
Helen Yudo
Yunyan (Joy) Zhao



12th
GRADE



Andrey Afanasyev
Victoria Azar
Mariama Barry
Andrew Bimm
Bennett Chadwick
Chaeyoung Cheong
Aimee Cloutier



Michael Deforel
Fritz Dietrich
Marc-Antoine Ducharme
William Duhamel
William Dyke
Panayioti Efraimidis
Sophia Caillet Farfan



Xavier Fisk
Hadley Forbes
Laurence Frenette
Evan Gass
Korey Goudreau
Marian Haborak
Owen Hollingsworth



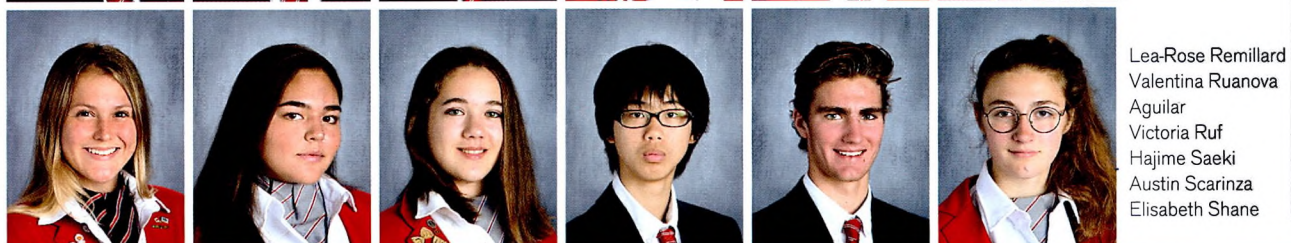
Jiabo (Jessie) Hu
Nicole Isaak
Ryan Johnson
Jakub Kaczynski
Jakub Kalny
Aick Karayenzi
Justin Laforce



Gage Larkin
Ho Lee
Joliane Legault
Audrey McCutcheon
Marie-Ange Ndekwe
Moe Nishizawa
Bodie Nobes



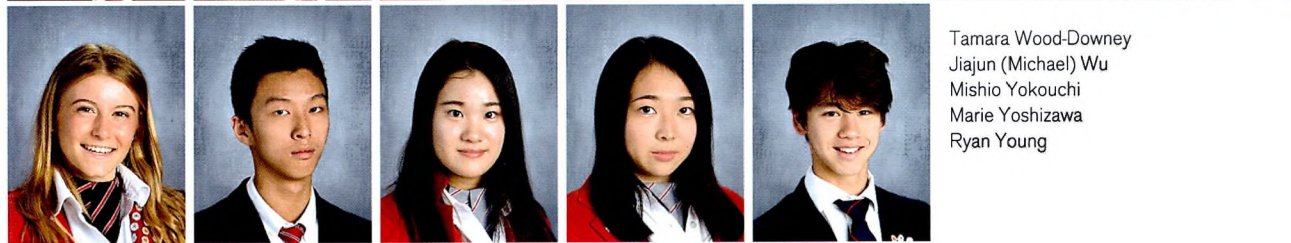
Gergely Orosz
Yuchen (Richard)
Pan
Kazuaki Peasley
Anqi Peng
Marianne Picard
Nicolas Pokora



Lea-Rose Remillard
Valentina Ruanova
Aguilar
Victoria Ruf
Hajime Saeki
Austin Scarinza
Elisabeth Shane



Simon Singher
Samuel Smith
Wei-An (Annie) Tang
Wei-Ju (Laura) Tang
Jeremy Tremblay
Hector Vazquez Avila
Dingyi (Alicia) Wang



Tamara Wood-Downey
Jiajun (Michael) Wu
Mishio Yokouchi
Marie Yoshizawa
Ryan Young

11th

GRADE

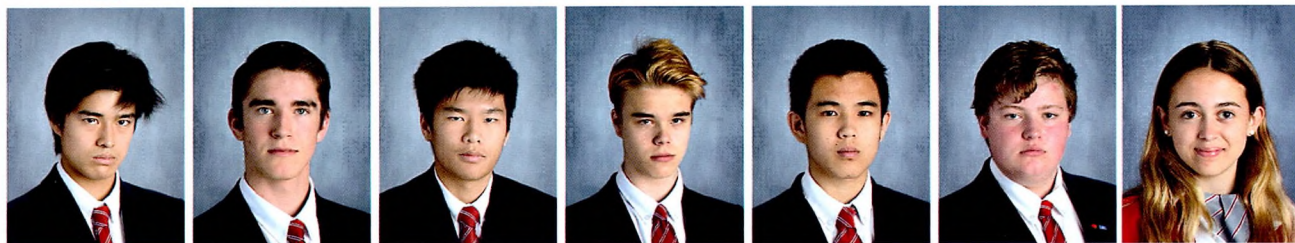
Logan Beasse
Cedric Beauregard
Maximilian Boehm
Ariela Boltvinik Palacios
Stephanie Bourque
Dylan Brand
Yu (Gordon) Chan



I-Kai (Kevin) Chen
Jorge Correia
Coralí Duguay
Victoria Fernandez Garcia
Marc-Antoine Gobeil
Charles Goudreau
Loralý Grenier



Rihito Hamano
Ryan Hopkins
Wei Huang
Aksel Jalojarvi
Yuxuan (Albert) Jiang
Lex Johansson
Rosemary Lefebvre



Juliette Leroux
David Lessard
Zheyuan (Leo) Li
Matthew Liddell-Grainger
Huixin (Crystal) Lin
John Lippmann
Sage Lovejoy



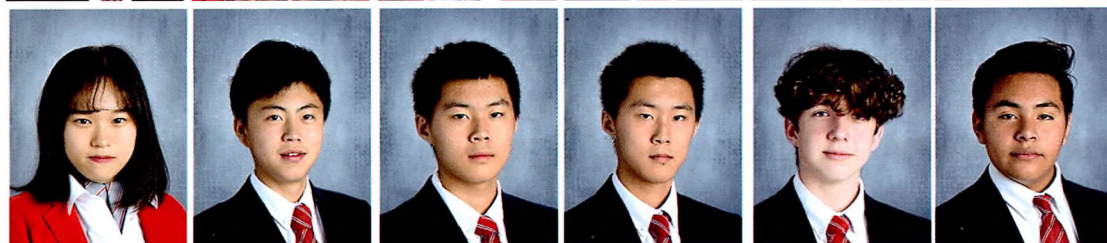
Cameron MacLean
Gabriel Maitre
Xiang Meng
Elmeri Mikkola
Alexia Moreau
Alexander Pagliari
Sofia Paradis



Maximiliano
Pedicelli
Anna Petri
Megane Pilon
Hayden Pimm
Joseph Riddell
Fernanda Rivas
Cansinos



Riho Sasamoto
Tianzhen (Jason) Shao
Yuchen (Leo) Shi
Yuzhe (Kevin) Shi
Yoan Torello
William Urrutia
Mendez



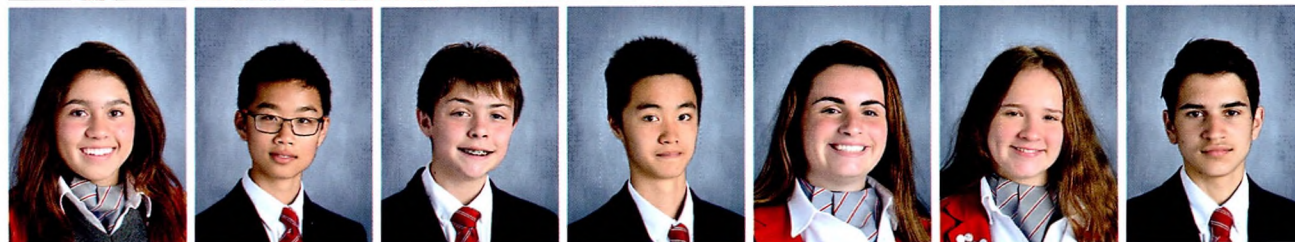
Denis Vittenberg
Svenja Voigt
Kennedy Wilson
Xiaoyi (Joel) Xu
Immanuella Yudo
Xinyu (Cynthia) Zhang



10th
GRADE



Emilio Acuna Herrera
Alexa Ascobere Arcaute
Georgia Bailey
Lorenzo Bono
Justin Bouchard
Krystine Breton
Sarah Callaghan



Maria Calva-Xolalpa
Jiyuan (Eric) Cui
Seth Dixon-Boles
Shicheng (David) Dong
Claudie Gamache
Elisabeth Godbout
Nikita Grinko



Tongyao (Amanda) Gu
Xinyang (Howard) Gu
Patricio Gutierrez Barona
Jose Herrera Baez
Taohong (Kevin) Hu
Carl Jeeves
Tiisetso Koketso



Trevor Laforce
Luca Laliberte
Benjamin Leclerc
Xingda (David) Lyu
Anna MacLaren
Mika Olivier
Beatrice Perron-Roy



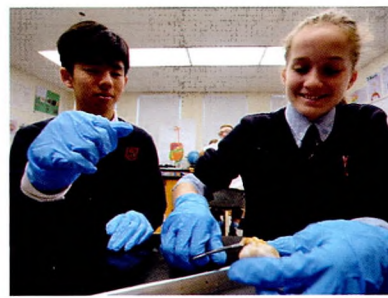
Dominic Pokora
Karel Prefontaine
Antoine Remillard
Xavier Rodriguez
Elodie Roy
Simone Ruf
Guillermo Santillan Becerra



Haokang (Buddy)
Shen
Meiqi (Maggie) Sun
Kieran Templeman
Ana Torchia
Gerog von
Frankenstein
Xinyue (Lucy) Wang

9th

GRADE



Mateo Alba Alcala
Xihan (Bella) Bao
Yueyue (Jasmine) Ding
Trofim Godochkin
Chaz Grenier
Yile (Tony) Ju
Presley Langevin



Mauricio Lopez Sanchez
Baren Lovejoy
Yuwei (Kimi) Lu
Yuyi (Emily) Lu
Lana-Michelle Peasley
Gloria Riddell
Diego Riveroll Doderio



Catalina Roca
Beatrice Ruf
Juan Pablo
Sanchez Portilla
Benjamin Smith
Avah St-Pierre
William Towner



Hayley Wolfe
Jiaxuan (Jacky) Xu
Keiji Yamamoto



8th GRADE



Rodrigo Aceves
Hernandez
Bo Bailey
Maria Casas Soto
Tiali Danyluk
Zifan (Xavier) Gan
Arielle Houde



Christopher
Leclerc
Valerie Lin
Ren Nakamura
Noah Papillon
Lelin (Alex) Qin



7th GRADE



PREFECTS

Front: Lea-Rose Remillard, Marianne Picard, Ho Lee, Mrs. Carruthers (Acting Head), Mr. Wells (Assistant Head), Ryan Young, Juliette Veilleux, Tamara Wood-Downey; middle: Sumomo Susuta, Charlotte Riddell, Helen Yudo, Jane Gervais, Rosalie Gadoua-Giroux, Alicia Wang, Candice Tang; rear: Andrew Bimm, Conner Ehmann, Evan Gass, Andrew Bouchard, Jeremie Gagnon, Oscar Haase, Tyler Carruthers, Nicolas Pokora. Missing: Roy Lyu, Victoria Azar, Anqi Peng



TRUSTEES & DIRECTORS

Directors in bold

Monty Allan '78
Robert Archambault
 Gabrielle Archer '09
 Peter Ashworth
 George Baptist '76
 David Béasse '59
Martin Béasse '91
 Georges Beaubien '68
 Philippe Beaugard '92
Constance Bedard '06
 Mathieu Béliveau '99
 Nathalie Béliveau '98
 Felix Boissé '10
 Michael Bonaro
Ellen Bounsall
 Pat Burden '70
 Stephen Carden '77
 Dorothy Chan '07

Olivier Charette '09
 Hank Chen '10
 Christopher Clegg '80
 Jeffrey Cowen '09
Jonathan Cowen '72 (Pres.)
 Judith Crosland Cowen
Winston Cuenant '99
 Peter C. Daniel '54
 Terry Davies
 Collin De La Bruere
 George Diamandopoulos '94
 Andrea Dumas '08
 Blanche DuSault '11
 Tracey Emms '82
 Eric Fafard
 Susan Fitzpatrick
 Kelly Foran '12
 Alex Gagnon-Skoropad '08

Nicolas Garipey '00
 Marie-Pier Germain '01
 Jared Givaz '00
 Randy Goodleaf '81
 Karine Goyette '99
Darren Gray '00
 Jeff Gray '04
 Hugh Gurd '71
 Claudia Hess '83
 Cindy Ho
 Duane Holder '90
 Stanley Holmes Sr. '53
 Tiffany Hsu '13
 Kevin Hurlburt '93
 Pierre-Olivier Jean '08
 Gillian Knightley '93
 Mitch Kotansky '80
 Ashley Langevin '17

John Laroche
 Kirsten Layzell McConnell '93
 Jean-Francois Lefort '09
 Antoine Léger '92
 Joseph Levy '69
 Andrew Lippi '09
 Vicky Liu '14
 Andrea Lopez Sanchez '14
 Hilda Lui '05
 Sean Maas '01
 Samuel MacCallum '80
 David Marosi '04
 Suzy McDonald '95
 Doug McEwen '76
 Jesse McRae '02
 William Moffatt '72
 John Nadeau '77
 Rebecca Nienkamper '83

Guy Ouellet
 Zubin Panthaki '85
François Paradis '92 (VP)
 Isabelle Paradis-Gatcliffe '89
Michael Peirce '73
 Robert Perretta '04
 Etienne Scraire '12
 Tom Perretta '06
Angelo Perrotta
 Julian Perrotta '08
 Jackson Qiu '14
 Kimberly Quinn '93
Luc Quirion
 Jean-Samuel Rancourt '06
 Pierre Reid
 Jason Rodi '95
 Orfa Roji '93
 JD Ross '00
Joanne Ross

Peter Ross '03
 Soo Kyung Ryu
 Light Sathienamrit '07
 Andrea Schmitt
 Robert Scobie '94
 Etienne Scraire '12
Charles Seagram '92
 Joel Segal '75
 Lindsay Smith '09
 Harvey Stevens '74
 Matthew Stevenson '77
 Charles Vaillancourt '09
 Catherine Van der Linden
 Rene Villarreal '94
 Alex Wagner '02
 Geoffrey Wagner '71
 Akiko Watanabe '93
Matthew Watt '99

Scott Waugh '70
 Claire Webster
 Judith Webster
 Philip Webster
 Helen White '09
 Jordan Wong '09
 Alyson T. Wood
 Aika Yamashita '14
 Jacqueline Zhang '14

Honorary Trustees
 Charles W. Colby
 John Mackay '52
 (deceased Jan 2020)

Honorary Board Chair
 Philip Webster



Front: Christopher Planetta, Lisa Smith, Erik Van Dyke, Keri Reynolds, Christian Wells, Joanne Carruthers, Andrew Blair, Carmen Campbell, James Rioux, Eryn Hessian; middle: Duane Liverpool, Logan Vanasse, Luc Charest, Shannon Pimm, Joannie Robitaille, Amy Laroche, Emily Norris, Caroline Perusse, Nicki Campbell, Rebecca Benizri, Laura Kirby, Emma Kirkham (gap), Brendan Varro, Bernie Pimm, Dan Poliziani; rear: Ross Murray, Julie Bernier, Sophie Blair, Thomas Peasley, Matthew De Carlo, Jeff Standage, Jean-Jacques Prevost, LaDonna Lamonth, Matthew Thompson, Adam Spirk, Terence Thomas (gap), Michael Huckins, Shawn Belknap-Keet, Andre Simard, Barbara Wilkinson, Eric Grenier; missing: Simon Winquist

TEACHERS & ADVISORS



Shawn Belknap-Keet,
Math/Science



Rebecca Benizri,
Math/Science



Julie Bernier,
Math/Science



Andrew Blair,
Math/Science,
Dir. Academics



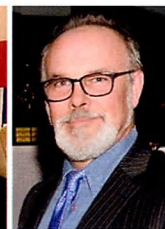
Carmen Campbell,
English



Nicki Campbell,
Head of English



Joanne Carruthers,
Dir. Admissions
Assoc. Head



Luc Charest,
French



Mathew DeCarlo,
French, English,
Humanities



Patrick Fraser,
Asst. Dir.
Admissions



Magali Gagnon,
Humanities
(Drama)



Shannon Garrett,
Humanities
(Drama)



Eric Grenier,
Humanities, Music



Audrey Hamilton,
Humanities



Eryn Hessian,
Math/Science,
U. Guidance



Corie Jacobson,
Admissions Assoc.,
French



Laura Kirby,
Math/Science



LaDonna Lamonth,
Math/Science



Amy Laroche,
Humanities (Art)



Duane Liverpool,
English



Ross Murray,
Dir. Comm.



Emily Norris,
Math/Science,
English



Thomas Peasley,
English



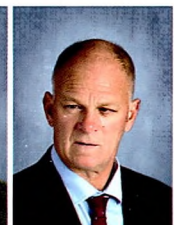
Caroline Perusse,
Humanities



Bernie Pimm,
Humanities



Christopher
Planetta,
Math/Science



Dan Poliziani,
Humanities



Jean-Jacques
Prevost,
Head of French



Keri Reynolds,
Dir. Student Life



James Rioux,
Humanities,
Dir. Hockey Ops



Joannie Robitaille,
French



Gabriela Ron,
Admissions Assoc.



Andre Simard,
Humanities



Lisa Smith,
Head of Math/
Science



Adam Spirk,
French



Jeff Standage,
Math/Science



Matthew
Thompson,
Head Humanities



Erik Van Dyke,
Math/Science,
Dir. Athletics



Logan Vanasse,
Advancement
Assoc.



Brendan Varro,
Math/Science



Christian Wells,
Math/Science,
Humanities
Asst. Head



Barbara Wilkinson,
English



Simon Winquist,
French, Humanities

BUSINESS OFFICE



Peggy Alger,
Admin. Asst.



Francois-Olivier
David, HR



Lynn Johnston,
Controller



Kimberly Martin,
Accounts Payable



Karine Richard,
Student Accounts



Michael Huckins,
Project Manager

Lucie Roy, Tuck Shop

Stephane Dozois, Manager of Transportation, Security, Housekeeping

HEAD & ACADEMIC OFFICE



Donna Richter,
Academic Admin Asst.,
Travel Coordinator, U. Guidance



Marie-Eve Simard,
Head's Office Admin. Asst.

SUPPORT STAFF



Farrah Cabana,
Asst. Controller



Dugie Ross,
Director of Bus. Ops.

HOUSEKEEPING



IT

Paul Thompson,
IT Advisor
(Kezber)



Lonnie Jeeves
Director

ADVANCEMENT

Logan Vanasse,
Assoc. Alumni
Relations

Karen Cushing,
Assoc. Annual
Fund



LeeAnne Smith,
Director

ARENA

André Fluet
Mario Frechette
Marc Parent, Manager
Josh Pope
David Tannahill



ADMISSIONS

Joanne Carruthers, Director
Patrick Fraser, Asst. Director
Corie Jacobson, Associate
Gabriela Ron, Associate

Jane Liu, Associate
Emilie Marosi, Associate
Suzanne Marrotte, Admin. Asst.
Christine Allard, Admin. Asst.

ARCHIVES

Audrey Hamilton

GYM

Alta Sheldon

COMMUNICATIONS

Ross Murray, Director
Shannon Garrett, Assistant

LIBRARY

Keri Reynolds
Amy Wolfe



MAINTENANCE

Sean Ride
Caroline Gaudette
Gérard Roy
Mike Huckins
Richard Gilchrist
Guy Roy
(plus summer students)
Missing: Khaleq Abdul Ahad &
Alec Liu

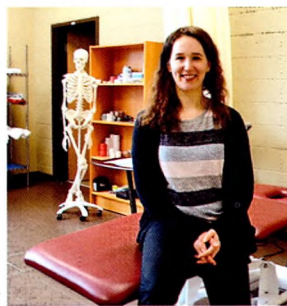


HEALTH CENTRE



Holly Moore, Counsellor
Sonia Perron, Nurse
Cynthia Castonguay,
Assistant

PHYSIO



Frédérique Lebelle

GAPS



Terrence Thomas



Emma Kirkham

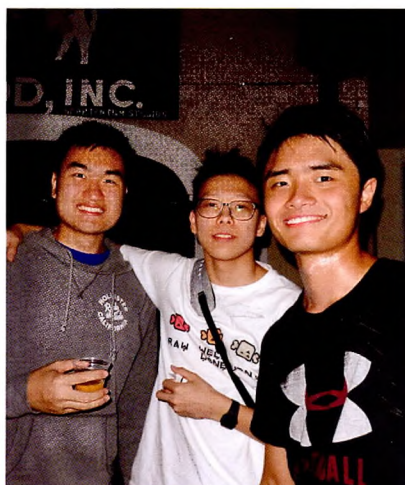


Faaiz Akbar

Cowen



HDs: Joannie Robitaille,
Mike & Kelly Huckins
AHDs: Emily Norris,
Thom Peasley





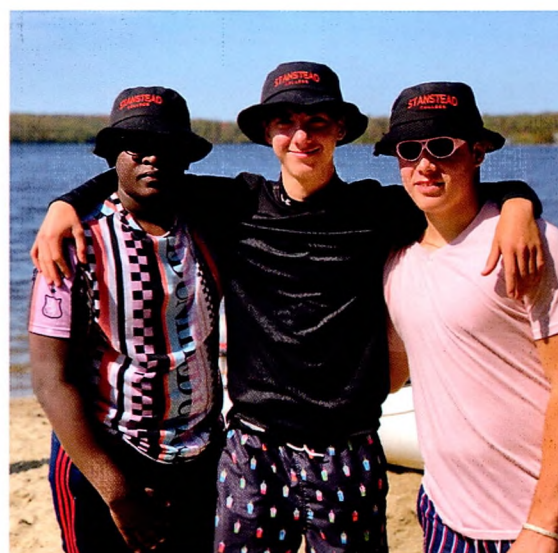
HD: Adam Spirk
AHD: Simon Winquist

Davis

Webster

HD: Rebecca Benizri
AHD: Shannon Pimm

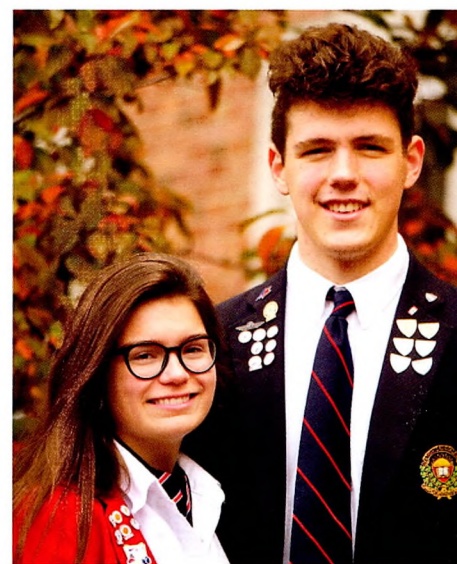




HD: Sophie Blair /
Magali Gagnon
AHD: Matthew De Carlo

Bugbee

MESSAGES FROM THE HEAD PREFECTS



I remember calling my mom in Grade 10 to tell her about my new life at Stanstead and telling her I wish I had been her since Grade 7 and that I couldn't believe I would only get 3 years in this place. I remember sitting at the back of the church as a PIT, looking at Rina and Will and asking myself if I would ever be the head prefect standing at the front and delivering a baccalaureate speech and then scolding myself for ever thinking something so crazy. I remember feeling bad for the grade 12's because they had to leave and thinking, "Oh, that's not me, I'm never leaving." I remember sitting at church last year, watching some of my best friends graduate and freak out over the fact that in a year it would be me. And now that the time has come, I'm thinking, "I can't believe it, it is me, I'm leaving."

When I first walked into Colby, I was just a kid who had no idea who she was and hoped boarding school would help her discover it. From the moment I stepped foot on campus, I started growing up, I changed.

I met Mr. Simard who, when I gave a right answer in class would always say, "There's that bit of brilliance!" By encouraging me, he became the first person to ever make me feel smart. I also met Lisa Smith whose name should be Lisa Saint. I had struggled in math my whole life. I was discouraged and it diminished my confidence. Then I met her. She stayed with me two to three nights a week, sometimes until 10 pm, going over every topic and making sure I was ready for tests. Even when I did not do well on them, she never gave up on me.

The teachers I met here showed me the kind of person I want to be. They have been my role models and parent figures who treated me like their own and I have learnt a lot from them. So, when I am old and wrinkly, I hope to have Mr. Simard's kindness, Mr. Planetta's sense of humour, Mr. Van Dyke's passion, Mrs. Carruthers's energy, Mr. Grenier's charisma, to be as caring as Mrs. Smith and a hard-worker like Mr. Rioux.

Teachers helped me a lot in this quest towards finding myself but what made me me is you. We have become a family. Granted, it is a massive and a pretty dysfunctional one, but it is still one. We went through a lot together. Growing up and living with 200 other kids was not always easy. There have been a lot of fights, rumours, breakups and really strange situations. There have also been many laughs, bonding moments, even more strange situations but mostly a lot of love and friendship. Through all those events you have always been there for me.

One of the first things I adored about this place was its lack of cliques. Everyone was friends: age, gender or background didn't matter here like it did elsewhere. We are all friends! I know that sounds stupid, but you guys are the real friends I spent my life craving. When news broke that we would not be coming back to finish the year, everyone was heartbroken, texting and calling, checking up on their classmates. I think that says a lot about who we are and how we feel about each other.

I would be lying if I said I was not absolutely terrified of departing Stanstead. I am. I arrived as a kid and am leaving as a young woman who finally knows who she is and is proud of it. You gave me a home, a place where I finally felt like I belong and a family. I can never thank you enough for making me me. I might be leaving Stanstead, but Stanstead is not leaving me. As a matter of fact, I am still wearing my orientation day bracelet and it's not going anywhere.

I'll always have all of you and the lessons I learned. Thank you for allowing me to be one of you. Thank you for allowing me to be your friend. Congratulations, graduates. And returning students, I am extremely jealous of you, and I hope you make the most of the year to come!

- Rosalie Gadoua-Giroux

These remarks by the head prefects were originally presented by video at the online Baccalaureate service, viewable on YouTube.

I wish I was standing in front of you all at the church

and we could celebrate the accomplishments of our class like any other year. I miss Stanstead, and I miss you all. This pandemic may be preventing our gathering, but the way I see it, it makes us the special ones. It has been close to 80 years since the world has been at a standstill like this, and when we come out of it, our class will be leading the charge in the healing process, and I think we should be proud and look forward to that.

I applied to Stanstead in July of 2016, never having seen the campus until my first day of school. I was shy, and I had never been in a predominantly English environment before. I felt very stressed and scared, but Thomas Abbott, a former head prefect, greeted me and made me feel right at home. To this day, however, one thing still scares me: Mr. Williams' Art class.

My most vivid memories from Stanstead range from the Spartan Race with my fellow Acadian friends, to the long hockey road trips and late nights watching Boxing in the hotel rooms, to the Davis Slip 'n' Slide, which made Mr. Winquist quite mad at us, and all those spring weekends where we used to play tackle football outside of Bugbee. The special thing about these memories isn't the activities themselves but rather the people who participated with me. I've often heard alumni tell me that the people make Stanstead what it is. And for that, I want to thank each and every one of you for making these last four years the best ones of my life.

To all the graduates, I do want to share a little piece of wisdom. It feels weird for me to give you advice as you go through life, as I have just as much life experience as you do. I might even be younger than some of you. But there's one thing I wanted to tell anyone reading this. The single most important thing that I think our world needs is for more people to be kind to each other. If we all begin to separate and act individually, the world won't be a place Stanstead would've been proud to help create. I truly believe that the way we treat others is what defines us. We've all heard the phrase "what you give is what you get." Even if you don't think you're getting much in return sometimes, you've done your part in making the world a more enjoyable place, and I think that in itself is more than anyone could ever ask in return. So as you go on with your lives, remember to be kind and compassionate. You never know where it can lead you, but you do know you'll be a source of positivity in this sometimes dark world.

I finally want to congratulate all of my fellow graduates. We've come a long way, but the road isn't over yet. Keep working hard, and I hope to see you all very soon. To the returning students, make sure you keep Stanstead in good shape while we older students are gone. Take advantage of the opportunities that are presented to you. You never know if a pandemic will take it all away in the span of a couple weeks, so make it special while you're there. Good luck to all, and I'm confident we will all achieve great things with our lives.

Moir Rogers said that the two hardest things in life are saying hello for the first time and saying goodbye for the last time. I've done the first 4 years ago, and here I am doing the second. Goodbye, Stanstead. Thank you for everything.

Jérémie Gagnon



THURSDAY CLUBS

CHESS
CLUBMarc-Antoine Mailhot, Kevin Meng,
Zach StephensCOMMUNITY
SERVICE

Bella Bao, Andrew Bouchard, Andrei Bucatel, Tyler Carruthers, Maria Casas Soto, Jeniva Coffee, Dominique Cormier, Devon de Vries, Jasmine Ding, Victoria Fernandez, Emilie Fortunato, Jane Gervais, Marc-Antoine Gobeil, Amanda Gu, Emily Holmes, Arielle Houde, Jakub Kaczynski, Ho Lee, Anna MacLaren, Ba Nam Nguyen, Lana Peasley, Anna Petri, Marianne Picard, Nicolas Pokora, Melianne Reynolds, Gloria Riddell, Catalina Roca, BJ Roy, Beatrice Ruf, Simone Ruf, Victoria Ruf, Austin Scarinza, Maxwell Stewart, Avah St-Pierre, Svenja Voigt, Lucy Wang, Alicia Wang, Hayley Wolfe, Mishio Yokuchi, Marie Yoshizawa, Ryan Young

phelps helps

Sarah Callaghan, Nil Cle, Jasmine Ding, William Dyke, Claudie Gamache, Elisabeth Godbout, Owen Hollingsworth, Ryan Hopkins, Jessie Hu, Jakub Kalny, Emily Lu, Cameron MacLean, Beatrice Perron-Roy, Karel Prefontaine, Ava Shaffer, Drew Somers, Maggie Sun, Juliette Veilleux, Tamara Wood-Downey, Candice Tang, Lucy Wang, Joy Zhao



Rosalie Gadoua-Giroux,
Marc-Antoine Gobeil,
Philippe Jacques, Marguerite
Lefebvre, Shaun Mahoney,
Charlotte Riddell, Simon
Singher

debate
club

BOARD GAMES

Bo Bailey, Carter Benedict, Justin Bouchard, Andrei Bucatel, Michael Deforel, David Dong, Trofim Godochkin, Chaz Grenier, Nikita Grinko, Howard Gu, Charles Hon, Tony Ju, Trevor Laforce, Beren Lovejoy, Maxim Kubanek, Marc-Antoine Mailhot, Todd Northgrave, Jacob Sauriol, Jason Shao, Buddy Shen, Ben Smith, Zach Stephens, Yoan Torello, William Towner, Jacky Xu, Keiji Yamamoto



LEARN TO SKATE



Rodrigo Aceves, Emilio Acuna, Mateo Alba, Lorenzo Bono, Gordon Chan, Kevin Chen, Chaeyoung Cheong, Jorge Correia, Charles Goudreau, Korey Goudreau, Patricio Gutierrez, Jose Herrera, David Huang, Tony Ju, Jakub Kaczynski, Benjamin Koo, Justin Laforce, Luca Laliberte, Presley Langevin, Christopher Leclerc, David Lessard, Leo Li, Thomas Liao, Jack Lippmann, Gabriel Maitre, Kevin Meng, Moe Mishizawa, Ren Nakamura, Moe Nishizawa, Yoshihiro Oh, Keita Oki, Noah Papillon, Kaz Peasley, Max Pedicelli, Diego Riveroll, Xavier Rodriguez, Hajime Saeki, JP Sanchez, Guillermo Santillan, Riho Sasamoto, Leo Shi, Sam Smith, Sumomo Susuta, Tatsu Terakado, William Urrutia



student council

Logan Beasse, Portia Eldaun, Rosalie Gadoua-Giroux, Oscar Haase, Dominique Hudon, Greg Malbezin, Tony Ju, Crystal Lin, Keita Oki, Sumomo Susuta, Alicia Wang, Cynthia Zhang



Annie Tang, Candice Tang, Joel Xu, Joy Zhao



ROBOTICS



Justin Bouchard, Tyler Carruthers, Marc-Antoine Gobeil, Korey Goudreau, Oscar Haase, Carl Jeeves, Kaz Peasley, Megane Pilon, Kevin Shi, Jason Shao, Sam Smith, Joel Xu



GOOD DEEDS

Rodrigo Aceves, Emilio Acuna, Alexa Ascobereta, Vicky Azar, Mariama Barry, Loriane Begin, Ariela Boltvinik, Stephanie Bourque, Dylan Brand, Tere Calva, Aimee Cloutier, Dominique Cormier, Panayioti Efraimidis, Portia Eldaun, Cecilia Fava, Pato Gutierrez, Marian Haborak, Jose Herrera, Ryan Johnson, Aick Karayenzi, Rosemary Lefebvre, Joliane Legault, Juliette Leroux, Ariadna Meza, Audrey McCutcheon, Alexia Moreau, Todd Northgrave, Greg Orosz, Sofia Paradis, Beatrice Perron-Roy, Lea-Rose Remillard, Isabelle Richard, Elodie Roy, Valeria Rodriguez, Valentina Ruanova, Memo Santillan, William Urritia, Hector Vazquez, Kennedy Wilson



spectrum



Eric Cui, David Dong, Sophia Farfan, Howard Gu, Albert Jiang, Karen Kosugi, David Lyu, Mika Olivieri, Buddy Shen, Samantha Smith



math

Roy Lyu, Anqi Peng, Leo Shi, Alicia Wang, Lucy Wang

LITERARY ANTHOLOGY



ART CLUB



TK Kocketso, Sage Lovejoy, Antoine Remillard, Ella Yudo

Lily Adams, Alexei Benube, Tiali Danyluk, Corali Duguay, Loralyn Grenier, Nicole Isaak, Lex Johansson, Mauricio Lopez, Anna MacLaren, Gabriel Matre, Greg Malbezin, Marie-Ange Ndekwe, Keita Oki, Beatrice Ruf, Avah St-Pierre, Maggie Sun, Sumomo Susuta, Ana Torchia, Mishio Yokouchi, Marie Yoshizawa, Helen Yudo

KNITTING & CROCHETING



Alex Ascobereeta, Georgia Bailey, Michael Deforel, Corali Duguay, Rihito Hamano, Alex Pagliari, Max Pedicelli, Joseph Riddell, Fernanda Rivas, Annie Tang, Laura Tang, Yoan Torello



BOOSTER



Andrey Afanasyev, Cedric Beauregard, Lorenzo Bono, Edward Boydell, Dylan Brand, Ben Chadwick, Nil Cle, Aimee Cloutier, Fritz Dietrich, Marc-Antoine Ducharme, William Duhamel, Efraimidis Panayioti, Xavier Fisk, Hadley Forbes, Evan Gass, Aksel Jalojarvi, Aick Karayenzi, Gage Larkin, Benjamin Leclerc, Elmeri Mikkola, Greg Orosz, Richard Pan, Hayden Pimm, Joseph Riddell, Elisabeth Shane, Samantha Smith, Denis Vittenberg, Michael Wu, Ryan Young



spartan race club

Asher Dixon-Boles, Jamie Jorge, Trevor Laforce, Beren Lovejoy, Dominic Pokora, Hayley Wolfe



china/ japan

David Huang, Benjamin Koo, Yoshihiro Oh, Hajime Saeki, Kevin Shi

POTTERY



Lily Adams, Mateo Alba Alcalá, Georgia Bailey, Logan Beasse, Maria Casas Soto, Victoria Fernandez, Elisabeth Godbout, Arielle Houde, Kevin Hu, Nicole Isaak, TK Koketso, Marguerite Lefebvre, Matthew Liddell-Grainger, Valerie Lin, Kimi Lu, Marie-Ange Ndekwe, Anna Petri, Megane Pilon, Alex Qin, Antoine Remillard, Elodie Roy, Valentina Ruanova, Riho Sasamoto, Helen Yudo

TEDX YOUTH @ STANSTEAD (SADLY CANCELLED)

Andrew Bimm, Krystine Breton, Conner Ehmann, Emily Eikelboom, Jeremie Gagnon, Hannah Johnson, Matthew Johnson, Rosemary Lefebvre, Charlotte Riddell, Anqi Peng, Tamara Wood-Downey



fencing

Carl Jeeves,
David Lyu,
Kieran Templeman



PLAY (SADLY CANCELLED)

"Bone-Chiller!" by Monk Ferris. Mariama Barry, Logan Beasse, Andrew Bimm, Ashton Dixon-Boles, Laurence Frenette, Rosalie Gadoua-Giroux, Oscar Haase, Joliane Legault, Crystal Lin, Bodie Nobes, Ava Shaffer, Jeremy Tremblay, Cynthia Zhang



Trofim Godochkin,
Alex Qi



sound trax



David Blais,
Max Boehm, Xavier Gan,
Lex Johansson, Matthew
Liddell-Grainger, Crystal Lin,
Ba Nam Nguyen, Laura Tang,
Cynthia Zhang



STUDENT LIFE



OPENING DAY AT A GLANCE

The 2019-20 school year began with 245 registered students – 180 boarders and 65 day students. In the senior school (10-12) there were 171 students, with 74 in the junior school (7-9). We started with 123 Canadian, 32 US and 90 international students.

OPENING WEEK

New students arrived on campus Wednesday morning and, after the registration process, took part in orientation activities on Philip Field. Thankfully, the rain that made moving into residence somewhat tricky had moved off in time for the events. Activities carried on into the evening with Stanstead Discovery, a casino and pizza from the outdoor wood oven.

Returning students arrived Thursday with preparations ongoing for Friday's opening classes. Activities continued through the weekend.



Orientation activities included 8-legged race, relay, tug of war and water-balloon blanket volleyball.



OPENING DANCE

CRAZY
HATS



DAY AT THE RANCH



CLIMBING OWL'S HEAD

A small group of students and teachers planned to climb Orford but, finding the trails closed, climbed nearby Owl's Head instead.

The entire school traveled to Parkside Ranch near Mount Orford for an afternoon of activities, including faculty-prefect volleyball, games, paddle boats and food.



TEACHERS WIN!

After not winning a single faculty-prefect contest in 2018-19, the teachers began the year with a win in volleyball at Parkside Ranch.





ADVISOR GROUP SPARTAN RACE



Each advisor group took turns running a campus-wide obstacle course that included filling buckets, climbing walls, skis, puzzles and more. Followed by a barbecue.



The school gathered in LeBaron for a presentation on Terry Fox's life and his Marathon of Hope. Following, we gathered for a group photo in the heart, as we do annually. Then it was a minimum of three laps around the campus, with students encouraged to go above and beyond in the spirit of Terry Fox. Well done to the many students – perhaps our highest number yet, said Athletic Director Erik Van Dyke – who ran 7, 8, even 12 and 13 laps.

TERRY FOX RUN 2019



WORLD AT LUNCH

UNDERSTANDING FOOD INEQUITY

57

Following morning assembly in which Mr. Wells spoke about privilege and global hunger, students at lunch were divided into the underdeveloped world (majority), developing world (smaller group) and developed world (privileged few). These groups received, respectively, rice and water; flavoured rice, juice and fruit; and a full-course meal. The day coincided with our Thanksgiving dinner that evening, where we gave thanks for all we have.



The junior girl student with the most laps was **Gloria Riddell**, Grade 8, with 12 laps. Junior boys **Chaz Grenier** (Grade 8) and **Dominic Pokora** (Grade 9) tied with 12 apiece.



The senior girl who ran the most was Grade 10's **Rosemary Lefebvre** (last year's junior girl endurance champ) with 13 laps. The senior boy and runner of most laps overall was **Cedric Beauregard**, Grade 10, with 15 laps.



CLASS TRIPS

GR7-8

CAMPING @ COUTTS-MORIARTY, DERBY, VT.

Low ropes activities, survival skills (how to start a fire with two sticks, design a water carrying device & shelter building), canoe/kayak activities on Lake Salem, swimming, beach volleyball, wall climbing, zip lines, science/nature hike, community service (painted two cabins), basketball, lacrosse, and games



GR9

CAMP WILVAKEN, LAKE LOVERING, MAGOG, QUE.

Overnight camping, canoeing, team-building, games



GR11

OTTAWA, ONT.

Supreme Court of Canada, Byward Market, Tour of Parliament, Cruise on the Rideau Canal, Canadian Museum of History, National Gallery of Canada, Canadian War Museum



Meeting alumni at Concordia University

GR10

59

QUEBEC CITY, QUEBEC

National Assembly, ghost tour, Musee du Fort, Wendake Huron Village



GR12



With alumnus Thomas Abbott (2017) at McGill

UNIVERSITY VISITS/ WORKSHOPS

Tours of UVM or McGill/ Concordia (with visits from alumni!), followed by career and application workshops on campus

Prefects win!

A penalty kick is the decider in a 3-2 win for the prefects. That's a free-dress day for the students!



FACULTY/PREFECT SOCCER



Alumni, parents, students and donors gathered on September 28 to mark the official opening of Cowen House, the new Grade 12 co-ed residence at Stanstead College.

OPENING OF COWEN HOUSE



The house is named in honour of the Cowen family of Knowlton, Que., longtime benefactors and supporters of the school, who contributed significantly towards this project. Jonathan Cowen, Stanstead College board chair (Class of 1972), and Judith Cowen, a College trustee, were on hand for the event along with sons Jeffrey (2009) and Jason (2012) and Mr. Cowen's mother.



C NATIONAL AIS SOCCER TOURNAMENT



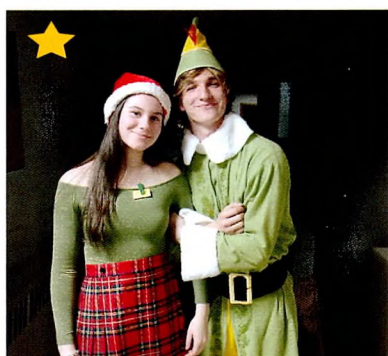
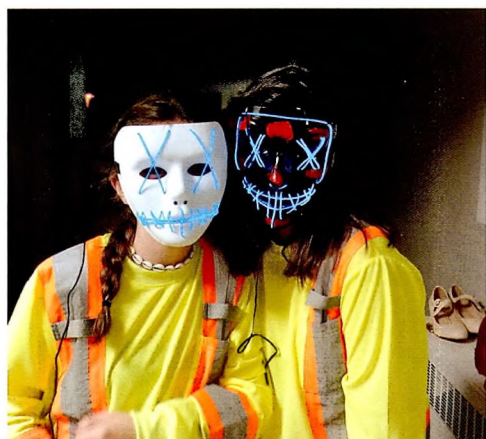
Stanstead College played host to 13 schools October 17-20 as the Spartans hosted the 2019 CAIS Senior Girls Soccer Tournament. Participating teams came from Sacred Heart School of Montreal, Bishop Strachan School, Country Day School, Bishop's College School, Rothesay-Netherwood School, Branksome Hall, St. Mildred's-Lightbourn School, Lower Canada College, Miss Edgar's & Miss Cramp's School, Greenwood College School, Havergal College, St. Clement's School, Stanstead College and The Study. While the Spartans did not make it into the playoff round, Stanstead focused on being exceptional hosts for the duration of the tournament, which at times was cool and wet. Congratulations to Havergal College for winning the championship 1-0 over the Sacred Heart School of Montreal.



Rosalie Gadoua-Giroux and Andrew Bouchard spoke on behalf of the first Grade 12 residents of Cowen House. Joseph Levy, Class of 1969, gave a toast to the Cowen family.



The Cowens have been generous supporters of the school and its initiatives over the years, contributing to projects large and small, including the Pat Burns Arena, always doing so humbly and without fanfare.



HALLOWEEN & DANCE



For Halloween this year, Stanstead College, as a whole, was positively involved and into it. The majority of our students dressed up and joined the Halloween dance. Although most of the costumes were fantastic, we have chosen a few people/ groups for being the best to dress up.



Todd for the best individual
Bodie & Laurence for best duo
Alice in Wonderland for the best group





JEREMIE GAGNON

MR. SPIRK

HO LEE

JEREMY TREMBLAY

SURVIVOR FALL EDITION

Grudges were made, revenges were venged. It was Survivor, another long-lasting, alliance-fueled episode. Congratulations to the final four who carried on long past caring.



FALL ACADEMIC ASSEMBLY



Top averages in their grade for Term 1 were Rodrigo Aceves Hernandez (7), Yile "Tony" Ju (8), Xinyue "Lucy" Wang (9), Marc-Antoine Gobeil & Xinyu "Cynthia" Zhang (10), Andrew Bimm (11) and Oscar Haase (12).



Andrew Bouchard, Grade 12, was the recipient of the Black Sweater for the first term, awarded to the recipient of a Major S athletic award with the highest overall average. Congratulations, Andrew!



The annual service was held at Centenary Church. Mrs. Pimm is seen here laying a wreath, escorted by local veteran Donald Taylor, age 99.

REMEMBRANCE DAY SERVICE



Co-Head prefects Rosalie Gadoua-Giroux and Jeremie Gagnon read out the names of Stanstead College students and faculty who died in both World Wars.

Avah St-Pierre led the school in the singing of "O Canada."

Music by Mr. Blair, Oscar Haase and Mr. Grenier's Music class. "In Flanders Field" read by Ms. Nicki Campbell's Grade 11 English class.



PARENTS' DAY NOVEMBER 23

Parents' Day was an opportunity for parents to meet teachers to discuss report cards as well as progress to date. It also featured the Book Fair in the school library, sale of wreaths and ornaments as well as hockey action in the Pat Burns Arena by the prep and varsity girls and boys teams

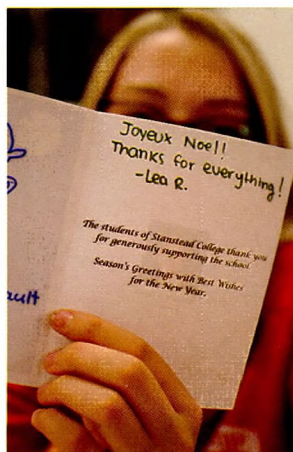


CHRISTMAS DANCE



CARD SIGNING

Once again, students gathered by house to sign Christmas cards for school donors. Timbits and hot chocolate for all!

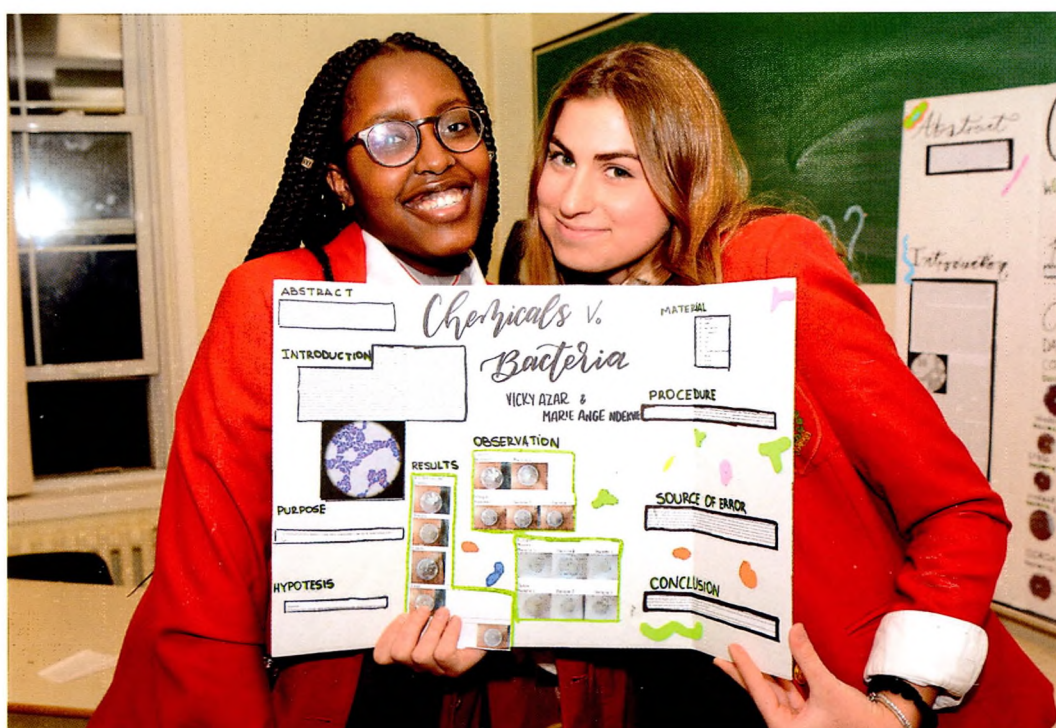


JOYEUX NOEL!
Thanks for everything!
-Lea R.

The students of Stanstead College thank you
for generously supporting the school.
Season's greetings with best wishes
for the New Year.



JUNIOR & G11 SCIENCE FAIRS



Grade 7

1st Rodrigo Aceves and Ren Nakamura: Can You Change The Rate of Reaction by Changing the Size Of The Reactants?

2nd Maria Casas Soto: From Trash to Gas: Biomass Energy
Honourable Mention Bo Bailey: How Design Affects How Much Weight a Bridge Can Hold

Grade 8

1st Beren Lovejoy: Muzzle Velocity

2nd Jasmine Ding and Beatrice Ruf: Ground Water Filtration
3rd Gloria Riddell and Avah St Pierre: Which Moisturizer Works Best to Keep Skin Moist?

Honourable Mention Bella Bao and Hayley Wolfe: How Shampoo Affects the Tensile Strength of Hair

Grade 9

1st Elisabeth Godbout and Lucy Wang: Ripening Bananas

2nd Krystine Breton: Most Effective Sound Proofing Material
3rd Simone Ruf: Stain Removers: What is Most Effective
Honourable Mention Georgia Bailey and Alexa Ascobereta: Electrolytes in Sports Drinks



Biology Prize Ben Chadwick and Joliane Legault: Which Cleaning Product Most Effectively Kills Bacteria

Chemistry Prize Anqi Peng and Alicia Wang: The Effect of Concentration on a Battery's Cell Voltage

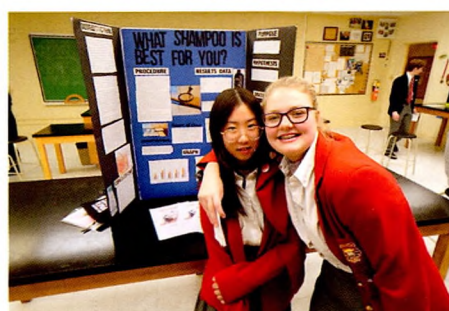
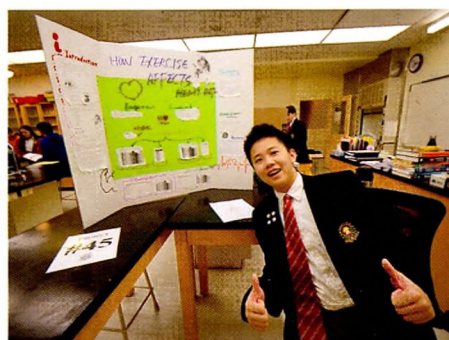
Physics Prize Victoria Ruf: Which Salt is the Most Conductive

Overall

1st Prize Anqi Peng and Alicia Wang: The Effect of Concentration on a Battery's Cell Voltage

2nd Prize Mariama Barry: Which Antacid is Most Effective

3rd Prize Korey Goudreau and Kaz Peasley: How Concentration of a Solution Affects pH Buffers



WINTER CARNIVAL

DAY 1

DECADES DRESS-UP: Cowen: 60's,
Davis: 70's, Bugbee: 80's, Webster: 90's
SNOW SCULPTURES
ASIA-VS-MEXICO
STAFF-PREFECT BROOMBALL
FREE SKATE

DAY 2

TUBING @ VAL-CARTIER
BONFIRE

DAY 3

OUTDOOR ACTIVITIES: Snow Rugby, Boot
Hockey, Human Football, Snow Volleyball, Pie in
the Face (fundraiser), Snow Softball, Snow
Sculptures
BROOMBALL TOURNAMENT
LIP SYNC

DAY 4

NIGHT SKIING
SUPER BOWL PARTY



ASIA VERSUS MEX

It's a win for Mexico!



Team Mexico



Team Asia



DECADES DAY



CRAZY HATS AND HAIR DAY



CRAZY DAYS

We started off Carnival Week with Crazy Hair Day Monday, followed Tuesday by Crazy Socks/Shoes Day and Wednesday by Pyjama Day. Thursday saw students and teachers dress up in the carnival theme: Decades. The following Monday began with a sleep-in and advisor group breakfast.



SNOW SCULPTURE

Cowen House VW wins top prize



COWEN



BUGBEE



DAVIS



WEBSTER



FACULTY



LIP SYNC



A Win for Webster!



FAC PREF BROOMBALL



TIE GAME. FREE DRESS FOR ALL

FAC-PREF

BBALL

FACULTY WIN!

Prefects close the gap in the second half but can't stop a dominating teacher performance led by Simon "Win Quest" Winqvist and LaDonna "La Monthter" Lamonth.



MULTICULTURAL WEEK

TUESDAY Japan/China
THURSDAY Germany / Canada /
 France / Sweden / Hungary
FRIDAY Mexico



G, Dyke, Liverpool: "Memories" by Maroon 5

Tammy, Rosema, Charles, LG: "Banana Pancakes" by Jack Johnson

Leo Li, Laura, Jessie, Candice, Alicia, Jason: "Sorrowful Breath"
by Jung Ru Liang

Ms. Kirby, Crystal, Dyke: "When I Look at You" by Miley Cyrus
Chaeyoung, Moe, Marie, Riho & Mr. Blair: "My Heart Will Go On"
by Celine Dion

Sammy Smith: "Just OK" by Sammy Smith (original)

The Doo-Wop Girls: "All Time Low" by John Bellion

The B Sharps: "My Girl" by The Temptations

Eric, Lucy, Jessie, Candice: "Meet You" by Sun Yanzi

Ba Nam, LG, Dyke: "Wish You Were Here" by Pink Floyd

Dyke, G, Elisabeth, Jason, Kevin: "Thursday" by Jess Glynne

Sophie, LG: "When the Party's Over" by Billie Eilish

Crystal, LG, Cindy: "Let it Be" by The Beatles

Charlie and Mike Goudreau: "Father & Son" by Cat Stevens

Chinese Group: "Your Smile" by JJ Lin

Dyke & Rosema: "I'm Yours" by Jason Mraz

Lily, Ana, Crystal, Cindy: "I Like Me Better" by Lauv

Cindy, Crystal, Logan, LG: "Someone You Loved" by Lewis Capaldi,
Cindy Zhang

Alicia, Joy, Jessie, Candice: "The Show" by Lenka

Avah, Sophie, G, Dyke, LG, Ba Nam: "Growing Pains" by Alessia Cara

Helen, Mrs. H, Logan, LG, Cindy, G, Dyke: "Billionaire" by Travis McCoy,
Bruno Mars

Xavier, Sophie, David, Ba Nam, LG: "Sign of the Times" by Harry Styles
Soundtrax™ & Friends: "Country Roads" by John Denver



CAFE

CAPPUCCINO



CORONAVIRUS COMES TO CANADA

On the evening of March 11, as students were enjoying Cafe Capp, their final gathering before the break, word began to spread that actor Tom Hanks had contracted Coronavirus, what would soon more familiarly be known as COVID-19. Within a short time, there was word that a number of NBA players had the infection. What had begun as an illness affecting mostly China, Asia and parts of Europe suddenly felt closer to home. Cafe Capp continued, and it was a great evening.

The next day, students left for their break.

They didn't come back.

On Friday, March 13, the Government of Quebec announced a major shutdown of schools and public gatherings for two weeks. The school never re-opened to complete the school year on campus...

COVID HAPPENS

The first COVID-19 case in Quebec was confirmed February 27. By March 12, 17 cases had been confirmed. Quebec would soon become one of the hardest hit provinces in Canada, particularly Montreal, and especially its senior care facilities.

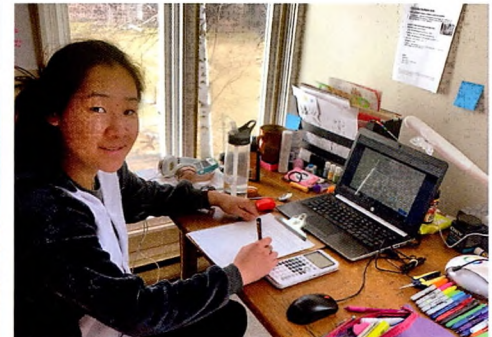
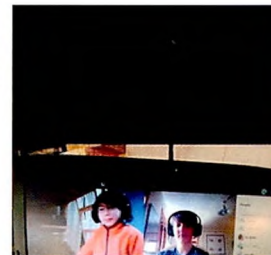
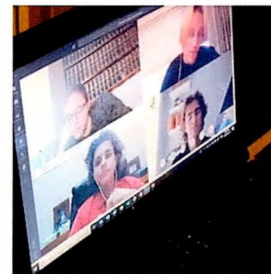
In Stanstead, there were less than 5 cases (as of July 2020), and none of our students or teachers ever became ill.

QUEBEC: 56,621 CASES
5,628 DEATHS (July 12 2020)

As COVID-19 became a global pandemic, Stanstead College, like other schools, had to decide how we would complete the school year.

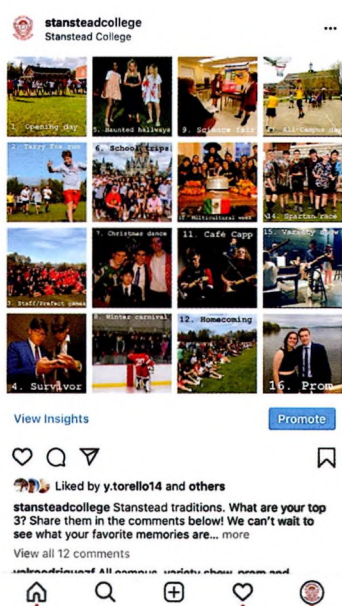
As the March break ended, teachers gathered remotely for two weeks using Microsoft Teams and other platforms to plan and train on how to deliver coursework online.

Distance Learning began April 13, with half hour classes in the morning (local time), most live, some recorded. Assemblies and speeches were presented three days a week.



KEEPING IN TOUCH

While we couldn't be together, we tried to keep the Stanstead family spirit alive through Instagram flashbacks, games, videos and challenges, including the Fitness Challenge vs BCS, where Spartans won handily in the number of pushups, situps and KMs walked/run.



stansteadcollege
Stanstead College

The Stanstead Bingo

Won Survivor	Wrote an article for the Clarion	Crossed the Stanstead border	Made an announcement at assembly	Knows the School song by heart
Pulled an all-nighter for Finals	Major S	Won a house cup	Won a CAIS tournament	Pizza Pocket at the Student Centre
Visited the Headmaster's office for Beer Pops	Ordered from Steve's pizza		Been Inside the Clocktower	Red Sweater
Once on Heads or Chairs	Taxi ride with Sergi	Cafe Capp performer	Skated at the Pat Burns arena	Stole Stan the Moose
Won an ETIAC tournament	Made a tour	Won All Campus tournament	Completed the Spartan Run	Been to the river

Your turn:

View Insights

Like by kelly_huckins and others

stansteadcollege We have amazing brains amongst us. Thank you @martinlefebvre15 and @vosinek33 for this piece of gold. Here is the blank template.





Top averages in their grade for Term 2 were Rodrigo Aceves Hernandez (7), Charlotte Riddell (8), Xinyue "Lucy" Wang (9), Marc-Antoine Gobeil (10), Dingyi "Alicia" Wang (11) and Helen Yudo (12).

SPRING ACADEMIC ASSEMBLY

71



Devon deVries, Grade 12, was the recipient of the **Black Sweater** for the second term, awarded to the recipient of a Major S athletic award with the highest overall average. Congratulations, Devon!

FAREWELLS DEPARTING FACULTY & STAFF



Julie Bernier, Math/Science, after a year at Stanstead, returning to Sherbrooke to teach at Seminaire de Sherbrooke.



Brendan Varro, after three years as a Math/Science teacher, returning to the west coast.



Emily Norris, a former SC lifer, after serving as house director and one year in both English and Math/Science departments, pursuing her teaching career elsewhere.



Luc Charest, in the French Department since 2014, relocating Rimouski area.



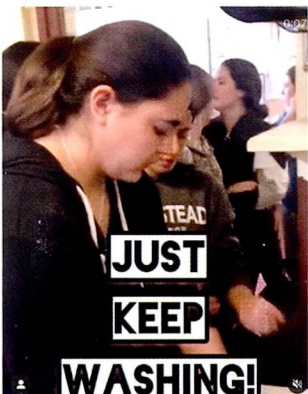
Dan Poliziani, at Stanstead since 2014, as varsity boys hockey coach and phys-ed teacher



Suzanne Marrotte, retiring after 33 years as administrative assistant in Admissions.



Louise Benoit retired in December after 19 years in Housekeeping.



COVID PREVENTION 101



When students were allowed back on campus to gather their belongings, what was key? **SOCIAL DISTANCING!**

(And don't forget masks when social distancing is impossible...)



Sylvie Bolduc retired in April after 15 years in Housekeeping.

Gary and Lucie Roy, longtime employees of the Maintenance Department (18 years) and Tuck Shop (19 years) respectively and also notoriously camera-shy.

ONLINE VARIETY SHOW

A WORLDWIDE PRODUCTION!

Alicia Wang, Laura Tang: Auld Lang Syne

Ms. Mag: Stand By Me

Cindy Zhang: Open Those Eyes

Ms. Castonguay: violin

The Travelling Gretzkys

Helen Yudo: Fire on the Mountain

Jessie Hu: Lemon

Mike & Charles Goudreau: Yellow Submarine

Mr. P: How to Make a Big Mac

Elodie Roy: All I Want

Mr. Spirk: I Will Remember Your Name (original)

Cindy, Jason & Crystal: Can't Help Falling in Love

Mr. Charest: farewell song

Crystal, Ms. Kirby, Tammy WD: The Scientist

Teachers: Free Fallin'

Cindy, Logan, Matt LG: Million Reasons

Erik Van Dyke & Advisees: Sweet Caroline

Mr. G: Never Surrender

Haase Bros: Total Eclipse of the Heart

Mr. Spirk & Charlotte: Walking in Memphis

Mr. G & Music Class: Didn't Get to Say Goodbye

Year-in-Review video



I will remember your face



Sweet Caroline,
good times never
seemed so good...



SPARTAN ATH LETICS



SR G SOC



Front: Mr. B. Varro (coach), Valeria Rodriguez, Jasmine Richter, Charlotte Riddell, Elisabeth Shane, Samantha Smith, Rosalie Gadoua-Giroux, Ariadna Meza Rubio, Ms. L. Kirby (coach)

Back: Tamara Wood-Downey, Ariela Boltvinik Palacios Roji, Lea-Rose Remillard, Joliane Legault, Mariama Barry, Victoria Azar, Valentina Ruanova Aguilar, Fernanda Rivas Cansinos, Sophia Farfan, Maria Teresa Calva-Xolalpa

Ricky Bobby famously said, "If you ain't first, you're last..." Well, we couldn't agree less. We might not have been first, but we weren't last, and we were proud of that. True, we didn't have the best season we could have. We gave BCS their first win in about five years. We definitely had some bad games, but we had some good games, and we even had some great games.

We kept the 2-time CAIS champions to a 4-1 game. We even scored on them. But do you think we could score against Galt? I mean, I know they were good but Havergal was way better.

We made it to the semi-finals against Galt, and it was another great game. We held them to 0-0 until a minute before half. The girls killed themselves on that field just days after CAIS – exhausted and sore all over. We were in every minute of the Galt game and made them earn that win.

All in all, we coaches are proud of our girls. We did better at CAIS this year than we did last year. We worked hard, we learned (not to take a penalty kick before the ref blows the whistle, that only took 2 lessons) and we improved. And in a two-month season, that is all we as coaches can ask for, and we consider that a definite win.

-Coach Varro



SR B SOC



Front: Dr. J. Standage (coach), James Jorge, Ho Lee, Ryan Young, Andrew Bouchard, Gregoire Malbezin, Nicolas Pokora, Mr. A. Simard (coach)

Back: Lex Johansson, David Lessard, Carter Benedict, Marc-Antoine Ducharme, Ryan Johnson, Xavier Fisk, Zachary Stephens, Jorge Correia, John Lippmann, Panayioti Efraimidis, Patricio Gutierrez Barona

Missing: Hadley Forbes, Hajime Saeki



The 2019 season started a little bumpy with an 0-3 record in league play. From there on we went 5-0 to end league play at 5-3. In the playoffs at the end of the season, we beat Alexander Galt in exciting OT and PKs in the semi but were defeated by BCS in the ETIAC final.

At CAIS (SAC - Aurora, Ont) in round robin play, we beat RSGC 1-0 and lost to Saltus 0-1 and (the eventual finalist) SAC 5-0. In the silver division re-alignment game, we lost to BCS 3-2 in OT after dominating the game and hitting two posts while ahead by a score of 2-1 during regulation time. Our final game was a loss to Ridley in a friendly. So we did play well and improved our overall ranking, but in 2011 our rank was 8th and since then has descended to this year's 18th, and hopefully 15th or 16th for next year.

Our overall stats this year were: 15GP; 7W, 8L, 0T; 28GF, 34GA and 3SO. Of note, Ryan Young scored 13 of our 28 total goals, including a stretch of 8 goals in a row over 4 games and a natural hat trick. Patricio Gutierrez our young keeper was terrific and really helped keep us competitive.

Highlight themes:

- 1) Doccy's 3 "S" words – sleep (all the time), stats (for half a season), and smarts (math vs Grade 9?)
- 2) Poker – face (in pk competitions and shaking hands after questionable sportsmanship), angle shooting (pretending to follow rules but using a shady method to gain an advantage)
- 3) Names – Jorge (lname), Jorge (fname), Korea (country), Correia (name), Hajime (said most often), Pana (one word name)
- 4) Footwear – wear cleats for entire game.

Thanks to all players for an enjoyable season.

- Coach Simard





JR G SOC



Front: Krystine Breton, Simone Ruf, Gloria Riddell, Immanuella Yudo, Sage Lovejoy, Maria Casas Soto, Corali Duguay, Loraly Grenier, Beatrice Ruf, Avah St-Pierre, Elisabeth Godbout

Back: Mr. E. Grenier (coach), Lana Peasley, Valerie Lin, Victoria Fernandez Garcia, Arielle Houde, Sofia Paradis, Alexa Ascobereta Arcaute, Ms. A. Laroche (coach)

We started this year with eight bantams and nine juniors. We were young and inexperienced and we knew we would likely have a tough season. We were right. The other three teams in our league were bigger, stronger, faster and better soccer players than us. We lost every game in the season by a lot, only managing to score one goal during the season. Now what? Hang our heads and give up? Nah. We got work to do.

Like defence. Let's work on defence. Compress the team shape inwards, take away space, cut down passing lanes, put pressure on ball carriers, take away time and force low-percentage shots from outside the box. This all sounds good in theory but it is very hard to measure objectively when the other teams are still beating us by, well, a lot. There were a few indicators of success.

First, in exhibition play, we beat BCS in two out of three games (tied the other) and they were the only other team who had a similar DNA to ours: half their team were also bantams. So, we proved that our tactics were in fact working because they had a couple of very strong players but we effectively shut them down with our whole-team approach. That was nice.

The second indicator was the best soccer we played all season in the first half of our last game against Massey Vanier. They had scored four goals in twenty minutes in the first game of the season but in this, our ninth and last game of the season, it took them all of twenty minutes to score one goal! They must have been a little frustrated at half time when the score was only 2-0 for them instead of the usual 5 or 6. This is an indication of success on the year.

My favourite part was without a doubt the final two practices when we played bantams versus juniors for all the marbles. Juniors just barely won those games but you all played your hearts out and this bodes very well for the future of our program with some bright up-and-coming talent and speed.

Very special thanks to rookie coach Amy "Art" "The Rock" Laroche. She is gonna be great. She cares and it shows. You all remember some of those epic wipeouts in practice? I love those. They show effort, grit, determination and heart. Something we could all use more of, all the time.

- Coach G.

JR B SOC



Front: Guillermo Santillan Becerra, William Urrutia Mendez, Hector Vazquez Avila, Denis Vittenberg, Cedric Beauregard, Mauricio Lopez Sanchez, Alexander Pagliari, Joseph Riddell, Charles Goudreau, David Lyu, Mateo Alba Alcala
Back: Presley Langevin, Benjamin Leclerc, Lorenzo Bono, Dominic Pokora, Marc-Antoine Gobeil, Maximilian Boehm, Logan Beasse, Justin Bouchard, Kevin Chen, Hayden Pimm, Mr. L. Vanasse (coach)
Missing: Mr. T. Thomas (coach)



This was an interesting year for the junior boys soccer team. We started out the season as usual on the first Wednesday of the season going down to Tilton, NH, who are always great hosts. In our first eight games of the season we only had two wins, versus Massey-Vanier and archrivals BCS. This set us up for a must-win game against Massey-Vanier to make it into playoffs as the four seed. The young men on the team knew what was at stake and it showed in their performance. Right from the first whistle the team controlled the pace of play. We got an early lead and did not look back and the reaction of the players when we knew we would make playoffs was so great to see. This set up a semi-final matchup versus Salesien, who finished first in the regular season. They did not lose a game all year and only trailed in one game all season. We knew we were in tough but the players were no doubt up for the challenge. We scored first and even had a 2-1 lead going into the second half. In the second half, Salesien started to show off their skill and dominate the possession. They were able to score a goal with fifteen minutes left, and then a penalty gave them the lead with only a few minutes left. A tough way to finish the season after such a well-played match, but the performance showed how far our players had progressed this season. It was a pleasure to coach all of the young men who worked so hard all season to improve and have fun.

- Coach Vanasse



BM B SOC



Front: Keiji Yamamoto, William Towner, Beren Lovejoy, Trofim Godochkin, Jose Herrera Baez, Kieran Templeman, Trevor Laforce
Back: Mr. D. Liverpool (coach), Chaz Grenier, Kiimi Lu, Diego Riveroll Doderó, Rodrigo Aceves Hernandez, Tiisetso Koketso, Juan Pablo Sanchez Portilla, Bo Bailey, Christopher Leclerc



From almost failing to field a team due to a lack of eligible players to qualifying for the playoffs for the first time in a few years, we came a long way this season. In fact, our results against Seminaire Salesien (possibly the best Bantam soccer team I have played against) over the course of the season are proof positive that we improved every time we took to the field. After struggling mightily during our first two encounters, we had the opportunity to compete one last time in the first round of the playoffs. While we did not earn the win, I can assure you that we earned our opponent's respect!

The most amazing thing about this season and what we have accomplished is that we have done everything as a team. While winning is fun and one way of evaluating success, it is not the only way. In my eyes, regardless of how the season may have ended with regards to wins and losses, we have been successful and I could not be more pleased. I am proud of our comportment at such a young age, I am proud of the way we handled ourselves before, during and after each and every game we played, and I am most proud of the citizens we have become and the positive manner in which we represented ourselves and Stanstead College. Once again, to the players and anyone who had a hand in our success, even at the smallest level, thank you for your effort and support.

- Coach Liverpool

X-C RUN



We always have an interesting group coming out to cross country every year, and this year was no different. You have the natural athletes, for whom running is a given. And you have those that have to work for it, day in and day out. I want to now focus on the athletes with a ton of heart. Not that award winners don't have heart, but I want to let some other athletes shine as well.

Cindy Zhang came to me day one saying she can't really run and is super slow. My response in this situation, all the time is: if you work hard and show me effort, you have a place on the team. So, yup, she's slow... but she has drive and perseverance. She works on it, gets better and by the end of the season, places in the top seven. Other examples are Oscar, Korey and Ba Nam. Not the fastest runners. In fact, they took pride in crossing the finish line dead last every race, but when it comes down to it, they participated in every practice, worked hard, little complaining. They made it to Tim Hortons during the last practice not quite first, but with the motivation of donuts on the other end, they got there faster. Makes me think we should have had donuts at the finish line of every race. Eddy Boydell really didn't enjoy it, but worked hard all the time and performed in the top 5 every time. Lucy Wang, always smiling, put in the work in practice and medaled in her second to last race. Unfortunately, she twisted her ankle in the final. Alicia Wang worked hard in every practice and race and placed in the senior girls division at every race. Crystal Lin, had some pain due to shin splints, but kept at it. Throw in Ben Chadwick who got a shout out in the last team announcement of the season because he placed in the top seven.

These are the ones that make me smile. It's not always about who is the fastest runner but also about who has heart, wants to improve throughout the season, show the dedication and the positive attitude. It's all of these things that make a true athlete.

As for those who showed genuine excellence in cross country running, Rosemary Lefebvre had natural athletic ability and worked to do her best at every race, while Antoine Remillard had a great attitude, showed up ready to work, put his time in at practice and generally showed a positive attitude. At the senior level, Alexei Bérubé was injured for part of the season but always worked as hard as possible at every practice and race that he was able to participate in.

- Coach Reynolds



Front: Alicia Wang, Cynthia Zhang, Lucy Wang, Xavier Gan, Alex Qin, Luca Laliberté
Middle: Crystal Lin, Anqi Peng, Asher Dixon-Boles, Leo Shi, Yoan Torello, Rosemary Lefebvre, Antoine Remillard, Xavier Rodriguez
Back: Ms. E. Kirkham (coach), Marie-Ange Ndekwe, Bennett Chadwick, Edward Boydell, Rihito Hamano, David Huang, Maximiliano Pedicelli, Oscar Haase, Korey Goudreau, Ba Nam Nguyen, Alexei Bérubé, Kaz Peasley, Emilio Acuna Herrera, Ms. K. Reynolds (coach)



ULT



Front: David Blais, Tatsuhiro Terakado, Juliette Veilleux, Jeniva Coffee, Tyler Carruthers, Benjamin Koo
 Back: Ms. E. Norris, Anna Petri, Hayley Wolfe, Samuel Smith, Evan Gass, Matthew Liddell-Grainger, Justin Laforce, William Duhamel, Claudie Gamache, Nikita Grinko, Ms. J. Bernier (coach)

For the first-ever ultimate Frisbee team, it took a while for practice to flow and for Frisbees to fly. It was nonetheless through this mutual inexperience that we were able to create this completely unique and special experience. Though not every practice went smoothly and not every game ended in success this ultimate team has laid the foundation for future of ultimate at Stanstead College. There were 4 challenges/struggles that our team faced.

1. There are no refs and the players call their own fouls.
2. Ultimate is a non-contact sport, a foreign concept to most including myself that inevitably resulted in the not-so-occasional foul.
3. We travelled a lot, and yes that is a foul.
4. We accepted fouls without question, but we rarely called a foul on the other team.

This last one is both positive and negative. Positive because we didn't let the other teams fouls affect us or distract from how we played. Negative because we didn't take advantage of the other team's mistakes.

There were also some truly amazing success's this team achieved. Ben's effortless cuts into open space. Claudie's hard throws that were the same whether you were 10 ft away or 2. Nikita, the king of looking confused until – boom – he catches a Frisbee even though he isn't even looking. Hayley's strong defending presence on the field and sometimes forgetting about the contact rule. Sam's calming ability to control the game. Will's two modes: practice mode and game mode, otherwise known as sleep mode and go mode. Anna's consistency in every game, meaning she never played worse than the previous game; she only got better. Matt's towering 6'3" height made him a powerhouse on defence that no opponents could match "Its physics guys, it's just physics!" Evan's inclusivity on the field, making sure everyone got to touch the Frisbee. Justin and Tatsu, our best players... when it came to injuring their coaches.

Our Sportsmanship Award winners, Juliette and Tatsu, demonstrated what it means to be a teammate. Juliette was always encouraging, laughing, and supporting her teammates. Tatsu, although not being eligible to play due to his age, took the lead in practice. Senior S winner David always gave his full effort each game and very rarely complained. And finally our Major S winner Tyler, who was the embodiment of what this sport represents: teamwork, sportsmanship and precision.

- Coach Norris





Carl Jeeves, Andrew Bimm, Ms. B. Wilkinson (coach), Victoria Ruf, Anna MacLaren, Tiali Danyluk, Marie Yoshizawa, Ms. N. Campbell (coach), Mishio Yokouchi, Benjamin Smith, Roy Lyu
Missing: Dominique Hudon

O-D PST



INTR MUR



Andrey Afanasyev, Bella Bao, Andrei Bucatel, Gordon Chan, Nil Cle, Aimee Cloutier, Eric Cui, Fritz Dietrich, Yueyue Ding, David Dong, Cecilia Fava, Amanda Gu, Howard Gu, Jaibao Hu, Charles Hon, Kevin Hu, Nicole Isaak, Albert Jiang, Tony Ju, Jakub Kaczynski, Aick Karayenzi, Karen Kosugi, Gage Larkin, Thomas Liao, Marguerite Lefebvre, Leo Li, Yuyi Lu, Marc-Antoine Mailhot, Gabriel Maitre, Kevin Meng, Ren Nakamura, Keita Oki, Yoshihiro Oh, Mika Olivieri, Richard Pan, Noah Papillon, Catalina Roca, Buddy Shen, Sumomo Susuta, Riho Sasamoto, Ava Shaffer, Jason Shao, Kevin Shi, Maggie Sun, Candice Tang, Annie Tang, Laura Tang, Ana Camila Torchia, Michael Wu, Jacky Xu, Joel Xu, Helen Yudo, Joy Zhao

MAJOR S AWARDS



ULTIMATE
TYLER CARRUTHERS



SB SOCCER

ANDREW BOUCHARD
PATRICIO GUTIERREZ (NOT PICTURED)

FALL ATHLETIC ASSEMBLY



Soccer Major S & Tommy Johnson
Trophy: Ryan Young
William Greenshields Trophy for X-
Country Running: Antoine Remillard
Soccer Major S & Merle Griffen
Trophy: Elisabeth Shane



X-COUNTRY RUNNING
JUNIOR S: ANTOINE REMILLARD, ROSEMARY LEFEBVRE



X-COUNTRY RUNNING
SENIOR S: ALEXEI BERUBE; SPORTSMANSHIP: OSCAR
HAASE, BA NAM NGUYEN



SG SOCCER
SENIOR S: MARIAMA BARRY, SAMANTHA SMITH;
SPORTSMANSHIP: ARIELA BOLTVINIK



JG SOCCER
JUNIOR S: SAGE LOVEJOY, ALEXA ASCOBERETA
SPORTSMANSHIP: MARIA CASAS SOTO



JB SOCCER
JUNIOR S: MATEO ALBA ALCALA, GUILLERMO SANTILLAN,
LORENZO BONO
SPORTSMANSHIP: MATEO ALBA ALCALA



ULTIMATE
SPORTSMANSHIP: TATSUHIRO TERAKADO, JULIETTE
VEILLEUX
SENIOR S: DAVID BLAIS



BB SOCCER
BANTAM S: TREVOR LAFORCE, WILLIAM TOWNER,
BAREN LOVEJOY, CHAZ GRENIER
SPORTSMANSHIP: RODRIGO ACEVES HERNANDEZ



SB SOCCER
SENIOR S: JORGE CORREIA
SPORTSMANSHIP: JACK LIPPMANN, NICOLAS POKORA
SENIOR S: PANAYIOTI EFRAIMIDIS



Front: Rosemary Lefebvre

Back: Mr. E. Van Dyke (coach), Maria Teresa Calva-Xolalpa, Rosalie Gadoua-Giroux, Sage Lovejoy, Lea-Rose Remillard, Cecilia Fava, Elisabeth Shane, Jeniva Coffee, Mariama Barry, Samantha Smith, Sumomo Susuta, Tamara Wood-Downey, Juliette Veilleux, Mrs. A. Wolfe (coach)
Missing: Charlotte Riddell

SR G BBL



WINNER RSEQ ETHIQUES SPORTIVE JUV. DIV. III



This season represented the beginning of a new era, with only five players (and one starter) returning from the 2018-19 squad. A new era, but not a rebuilding year, not really, because five of the 'rookies' for 2019-20 were already in Grade 12, an odd consequence of there being two senior girls teams (D2 and D3) the previous year. So regardless of how much we developed this year, we were going to lose at least 7(!) players at Senior Night no matter what. Tough to rebuild under those circumstances.

We only had one season, THIS season, to find our identity, to improve, and to try to reach our potential as a team.

It was a hard road. The first couple months we were sloppy and slow in practice, and frantic and tentative during games. Our defence was okay, but we were inexperienced, we had difficulty bringing up the ball, and our offence was U-G-L-Y. To beat us you simply had to 1) pressure us, 2) play us physically, and 3) not let Elisabeth Shane (our clear MVP) touch the ball.

But my oh my, did we improve! Despite how boring it was, we drilled and drilled the same concepts in practice until they started becoming second nature. Which fostered confidence. And with that confidence, the girls became more poised – and tough! – during games. They started playing with aggression on defence

and without hesitation on offence. They bought in, without question, to what we were trying to do, and they left their egos at the door, ready to fill whatever role was asked of them. Mariama Barry became a fast break specialist, Jeniva Coffee became a bruiser down low, team captain Rosemary Lefebvre learned to bring the ball up against the press, and Samantha Smith and Lea-Rose Remillard both used their much-improved sense of the game to become all-round utility players that could do a little bit of everything.

Eventually, this group of players persevered, came together, found a way, and turned themselves into a true basketball team. In fact, in one season-affirming stretch of inspired basketball in late February, we made it all the way to the finals of the Bailly Small Schools Tournament before losing a thriller (by 6 pts), and then the very next weekend finished an impressive third at the MacLeod Provincials, losing in the semis to the eventual champions by only 5 pts. Reach our potential? Yes sir!

Buy-in. No ego. Individual improvement. Those were the keys. I've been around for a long time, but this is the most improvement in one year that I've witnessed from any team I've ever coached. And for me, there is no higher praise. Congratulations on a great season, girls, and thank you.

- Coach Van Dyke



SR B BBL



Front: Ben Chadwick

Back: Mr. D. Liverpool (coach), Ryan Young, Gordon Chan, Gage Larkin, Charles Hon, Andrei Bucatel, Andrey Afanasyev, Benjamin Koo, Jorge Correia, Tyler Carruthers, Yoshihiro Oh, Richard Pan, Ba Nam Nguyen (manager), Mr. A. Watling (coach)

With a solid core of returning players from last year's team and a few new additions, expectations were high. Even though our first league game of the season ended up being a loss on the scoreboard, we quickly realized we were a good team with a great deal of that dreaded word "POTENTIAL." Did we reach this potential? Perhaps, in glimpses, because as a team we just couldn't seem to put it all together on a consistent basis. For example, we took to the court at the annual CAIS tournament and lost two games to teams that we had no business losing to. The next day, at the very same tournament, we won three straight against quality opponents and took home the Division 3 banner. Unfortunately this lack of consistency and mental fortitude plagued us for most of the season.

League play was no different for us as we managed to beat a team by a score of 71-54 only to turn around and lose to that very same team a few weeks later. Long story short, we were a talented team that too often struggled with consistency.

Our regular season league games did not count toward the league standings and playoff participation. Thus our goal for the season was to gain experience in order to prepare for the biggest tournament of our season: the Anderson Provincial Small Schools Tournament (which we won last season at home). This year the tournament was held in Quebec City. After few round robin games and a very tight semi-final game, we found ourselves in the championship final for the second year in a row. Sadly, we came up just a little short of bringing home another banner, but our effort was solid and as a coach I was very proud of what we were able to accomplish.

All that was left of our season was a trip to the Visser Provincial Tournament hosted by Centennial. While our results of one win and two losses clearly aren't all that impressive, as a coach I was extremely happy with how we played as a team. To return to the start of the season for a second, we designed warm up tops that read "Less ME, More TEAM!" Now we were not perfect in this respect but managed to improve significantly in this area as the season drew to a close.

I am proud of this team and its accomplishments, and to each of you, especially the graduating seniors, Andrei, Yoshi, Benjamin, Charles, Tyler and Ba Nam, thank you for your hard work, dedication and commitment to this team. I wish you all the best of luck in all of your future endeavours, on and off the court!

- Coach Liverpool



JR G BBL



Ms. C. Perusse (coach), Gloria Riddell, Krystine Breton, Simone Ruf, Maria Casas Soto, Immanuella Yudo, Hayley Wolfe, Corali Duguay, Lucy Wang, Avah St-Pierre, Valerie Lin, Ms. E. Hessian (coach)
Missing: Arielle Houde

I would describe this season with one word: improvement. We won 7 games in the regular season and lost 5. We were successful by practicing hard every day from November to March and working hard in games. The team spirit and the effort that those girls demonstrated were unbelievable. We won the BCS Bantam Tournament and in the RSEQ playoff lost by 6 against the first-place team and then won the bronze medal game against Richmond. Fun fact about Richmond: we lost against them by 1 in overtime in November. Coaches and parents from different teams applauded us at the playoffs on just how much we improved.

Each game, we started our game plan with the same question: What are the most important things in basketball? Simone will say, "Miss, it is never the same answer." Simone was right. Here are the answers:

- Put the orange things in the orange things
- Defence
- Never stop
- Run like crazzzzyyyy
- Box out
- And finally, HAVE FUN!

And then there were these key points:

- Put more effort
- Be aggressive
- Take care of the baby.
- Who will put the baby in bed?
- Who will be the bodyguard?
- You can do it, bud!
- The house! Attack the house! Protect the house! Don't let her in the kitchen! She went right into the fridge. Protect the house!
- Help! Who is in Help!
- Sit on her!
- Swim! Swim!
- Use your hands! Use your feet! Feet! Feet!

Thank you, girls, for everything you did this season. We hope you will remember these important lessons for many years to come.

-Coach Perusse





JR B BBL



Front: Justin Bouchard, Beren Lovejoy
Back: Mr. S. Winquist (coach), Mauricio Lopez Sanchez, David Lyu, Tiisetso Koketso, Georg von Franckenstein, Kieran Templeman, David Dong, Jose Herrera Baez, Eric Cui, Trevor Laforce, Xavier Rodriguez, Bo Bailey, Asher Dixon-Boles, Chaz Grenier, Ms. L. Lamonth (coach)

What a season for the 2020 Jr Boys Spartans. We had a great group of veterans who were one year older and stronger as well as a large incoming class that brought us the talent to succeed. We got an awesome new coach in Ms. Lamonth. She was very helpful running the team and helping our general offence and defence (x's and o's). We finished first during the regular season with a record of 10-2 and by far the lowest points against showing our commitment to defence. We ended up beating our close rival Montcalm in the RSEQ finals to win the championship. A great season where everyone bought in and understood their roles. Everyone worked hard to achieve this years success!

- Coach Winquist



RSEQ CADET DIV. 4 SEASON & PLAYOFF CHAMPS

VOLL BALL



Ms. A. Laroche (coach), Ms. S. Garrett (coach), Nicole Isaak, Alexa Ascobereta Arcaute, Fernanda Rivas Cansinos, Victoria Fernandez Garcia, Valentina Ruanova Aguilar, Lily Adams, Victoria Azar, Joliane Legault, Loraly Grenier, Ariadna Meza Rubio, Sofia Paradis, Valeria Rodriguez Fernandez, Ariela Boltvinik Palacios Roji, Mr. F. Akbar (coach)
Missing: Ava Shaffer (manager)

The 2019-2020 girls volleyball season was one of growth, adversity, and most importantly friendship. Although the majority of our team began the season as beginners, their desire to improve drove them into becoming true competitors. We ended the season as a family, and we laughed the whole way there. Thank you gals, can't wait for next season.

- Coach Garrett





VG HKY

NAPHA LEAGUE & PLAYOFF CHAMPS



Front: Jane Gervais, Isabelle Richard, Emilie Fortunato, Ms. B. Sharman (coach), Marianne Picard, Mr. B. Pimm (coach), Laurence Frenette, Ms. C. Jacobson (coach), Dominique Cormier, Hannah Johnson, Melianne Reynolds, Megane Pilon

Middle: Kennedy Wilson, Georgia Bailey, Alexia Moreau, Emily Holmes, Emily Eikelboom, Portia Eldaun, Audrey McCutcheon, Beatrice Perron-Roy, Karel Prefontaine

Rear: Juliette Leroux, Elodie Roy, Sarah Callaghan, Svenja Voigt, Stephanie Bourque

It was truly an unbelievable year for the varsity girls hockey team. The girls matched last season's performance despite a stiffer schedule. Winning the NAPHA championship, our 5th in a row, represents a fantastic run. The Varsity Girls Spartans have not lost a game in the NAPHA league in over five years. That's approximately 90 games without a loss—truly amazing feat! Beating Shattuck-St. Mary's at Shattuck was a memorable highlight, as was going 4-2 in Washington JWHL Challenge, ringing up the second-best record in the tournament along the way. With five girls participating at nationals for their respective provincial teams and two girls participating at the U18 World Championships for Canada and Germany, our program continues its track record of developing some of the best talent in the world. I believe the future is bright for our varsity girls.

With a returning group of 15, including five girls who played on their respective provincial teams, a tremendous recruiting class that includes players already committed to Division I hockey, and a host of lessons learned from this last season, I am excited for next season.

I would like to thank Corie Jacobson, Brittany Sharman, Shaun Ouellette, Matt DeCarlo and Xavier Roy for helping coach this great group of girls. I would also like to thank Frederique, Holly and her team for supporting the girls' health and wellness throughout the year. Finally, a quick shout out to my wife Shannon for supporting the girls on the road from time to time.

- Coach Pimm





Front: William Dyke, BJ Roy, Mr. D. Poliziani (coach), J  r  mie Gagnon, Devon de Vries, Bodie Nobes, Mr. M. Thompson (coach), Matthew Johnson, Connor Ehmann, Gergely Orosz
Middle: Ryan Hopkins, Maxwell Stewart, Philippe Jacques, Aksel Jalojarvi, Michael Deforel, Todd Northgrave, Austin Scarinza, Maxim Kubanek, Jacob Sauriol, Shaun Mahoney
Rear: Jeremy Tremblay, Cameron MacLean, Jakub Kalny, Simon Singher, Marian Haborak, Drew Somers, Owen Hollingsworth

VB HKY

I listened to a podcast shortly after convocation and the guest on the show spoke about how to assemble a sports team. He compared the process to building an orchestra. If you don't have people willing to play different instruments you will never get the sound you desire. Drummers need to drum, pianists need to play the piano, and so on. Too much of the same or too little variety will lead to a lack of success... a lack of sound. Our team this year had people willing to do their jobs, and we especially realized this over our last 20 or so games. A fun group to be around and a group I am proud of. Special thanks to the leadership group, best of luck to our many seniors as they move to their next step, and to all- keep shooting, keep skating and keep letting hockey take you to amazing places.

- Coach Thompson



PRP HKY



Front: Dylan Brand, Zachary Stephens, Ryan Johnson, Mr. G. Ouellet (coach), James Jorge, Mr. L. Vanasse (coach), Andrew Bouchard, Mr. J. Rioux (coach), Evan Gass, Marc-Antoine Ducharme, Rihito Hamano, Xavier Fisk

Middle: Denis Vittenberg, Alexander Pagliari, Elmeri Mikkola, David Lessard, Panayioti Efraimidis, Maximiliano Pedicelli, Yoan Torello, Marc-Antoine Gobeil, Carter Benedict, Ho Lee, Dominic Pokora

Back: Cedric Beaugard, Antoine Remillard, Lorenzo Bono, Hayden Pimm, Benjamin Leclerc

A few highlights: the trip to Michigan; Northwood School tournament semi-finalists against Seminaire St-Joseph and eventual third place in Lake Placid; a strong performance in our own annual Neil Tournament, falling just short against John Rennie in overtime with 9 seconds left, numerous trips to Montreal and time spent on the bus for all our league games.

But more importantly, just the day to day. Every day we spent together in practice on and off the ice has been fun. We often had 25 or 28 players on ice for practice, and I can honestly say that our group worked incredibly hard to get better. This group competed consistently and pushed each other to progress and hold each other accountable. Of course there were numerous ups and downs, but that's all part of the journey. It was a real pleasure coming to the rink every day knowing that we would have fun in practice and get the best out of every boy. Thank you for your effort, your commitment to your team and each other.

- Coach Rioux





3RD HKY

Front: Howard Gu, Charles Goudreau, Trofim Godochkin, Kevin Meng, Mr. B. Varro (coach), Nicolas Pokora, Mr. L. Charest (coach), Kevin Hu, Presley Langevin, Joseph Riddel, Lana Peasley
Back: Juan-Pablo Sanchez, Kaz Peasley, William Towner, Leo Shi, David Blais, Logan Béasse, Kevin Shi, Luca Laliberté, Christopher Leclerc
Missing: Lex Johansson, Max Boehm

After moving from intramurals to bantam, this year we moved from bantam to thirds. We also moved to a new competitive league, composed of strong teams from the Montreal area who gave us a huge challenge. Our stats in this trial season were definitely not in our favour: 19 games, 7 wins 12 losses, but, as we repeated to our players all season (and here thanks to Mr. Varro for his coaching and commitment throughout the season), it is through adversity that you can evaluate the real value of each and every player and ultimately of a team. And we have to admit that one of the big challenges we had this year was to play as a team.

It was a tough season for our 20 players, and I want to thank all of them. Thanks to our twelve senior players who made us better: Captain Nicolas, assistant David, Kasuaki, Max Boehm, who left us too early, the twins Leo and Kevin, the two other Kevins, Meng and Hu, thanks to Logan, Joseph, Charles, and Lex. Thanks to our eight juniors and bantams: Presley, Trofim, Luca, William, Juan Pablo, Christopher, and our goalies, Big Lana and Howard. I hope that this experience, even if it was very demanding and difficult, will remain a positive memory for all of you, and I hope that you have learned something out of all of this.

- Coach Charest



SWIM



Front: Karen Kosugi, Elisabeth Godbout, Georgia Bailey, Claudie Gamache, Anqi Peng, Ren Nakamura

Back: Mr. S. Belknap-Keet (coach), Alexei Bérubé, Keita Oki, Oscar Haase, Gabriel Maitre, Jakub Kaczynski, Gregoire Malbezin, Mr. T. Peasley (coach)



Another great season for the Stanstead College swim team. Athletes, both returning and new to the team, exceeded all of their coach's expectations. During the regular season, every single swimmer finished first in at least one race, not to mention the incredible success of the relay teams. The senior girls relay team (made up of one senior girl and three students from Grade 9) managed an impressive first-place finish during the season. During the finals, where every member of the team swam at least four races, every single swimmer won ribbons and Stanstead College earned, by far, the highest point-per-swimmer average, more than double that of the team who took home the banner. Congratulations on a great season, team!

- Coach Belknap-Keet



YGA

Front: Mishio Yokouchi, Ana Torchia, Marie Yoshizawa
 Middle: Kevin Chen, Riho Sasamoto, Ms. N. Campbell (coach), Anna MacLaren,
 Chaeyoung Cheong, Helen Yudo
 Back: Maggie Sun, Bella Bao, Anna Petri, Aick Karayenzi, Michael Wu, Aimee
 Cloutier, Isabelle Richard
 Missing: Nil Cle, Fritz Dietrich, William Duhamel, Marguerite Lefebvre, Jasmine
 Richter



X-C SKI

Alex Qin, Hajime Saeki, Benjamin Smith, Keiji Yamamoto, Cynthia Zhang, Korey
 Goudreau, Noah Papillon, Justin Laforce, Samuel Smith, Andrew Bimm, Albert
 Jiang, Sophia Farfan, Victoria Ruf, Beatrice Ruf
 Missing: Mr. A. Blair (coach), Mrs. B. Wilkinson (coach), Tiali Danyluk, Dominique
 Hudon, Candice Tang, Tatsuhiko Terakado



Front: William Urrutia Mendez, Diego Riveroll Doder, Nikita Grinko, Crystal Lin, Guillermo Santillan Becerra, Jacky Xu, Rodrigo Aceves Hernandez, Hector Vazquez Avila
Back: Mr. J. Prevost (coach), Hadley Forbes, Marc-Antoine Mailhot, Emilio Acuna Herrera, Jason Shao, Matthew Liddell-Grainger, Joel Xu, Mika Olivieri, Patricio Gutierrez Barona, Jack Lippmann, Mateo Alba Alcala, Ms. A. Hamilton (coach)

SQSH

We started the season with 1 girl and 17 boys, 4 of who were returning players. We welcomed new students who had different levels of skills in racket sports, although squash was new to them.

Our top players participated in four competitions against BCS and in one provincial tournament. These players were: Matthew Liddell, who managed to be our best player; Diego Riveroll, a quick and very smart learner; Emilio Acuna, a player with lots of grit and a great passion for the game; Mika Olivieri, a terminator with a devastating drive shot; Patricio Gutierrez, a complete athlete who likes squash almost as much as watching the volleyball girls practicing their drills; and Jacky Chan, now a veteran with good skills. Last but not the least, we had Crystal Lin, the only girl on the team, a quiet presence who showed lots of patience with the boys and was really a pleasure to coach.

That said, the squash team is more than a group of selected people participating in tournaments. It also includes a larger group of recreational players. I would very much like to thank and commend all the players. We had a great season together. Miss Hamilton and I enjoyed the time being your coaches. You were a loud group, not always easy to manage, but, in the end, you brought a lot of spirit to our practice.

- Coach Prevost



I am so proud of the progress the curling team made this winter. We had a lot of new players to the game and I think of our first few weeks in the ice: rookies falling and stones not making it down the sheet. Over time, the players adapted, improved and learned the game. By the end of season, the team was on cruise control. Our overtime win against Galt, a first in the history of SC Curling, was unforgettable! I hope you had as much fun this season as I did! It was a treat coaching you. I looked forward to it every day.

- Coach Planetta



CRLG



Front: Amanda Gu, Roy Lyu, Annie Tang, Alicia Wang
Middle: Xavier Gan, Jasmine Ding, Jessie Hu, Laura Tang, Joy Zhao, Kimi Lu, Tony Ju
Back: Carl Jeeves, Leo Li, David Huang, Thomas Liao, Buddy Shen, Mr. C. Planetta (coach)



VG HOCKEY
HANNAH JOHNSON, LAURENCE FRENETTE



SB BASKETBALL
BEN CHADWICK, BENJAMIN KOO



SWIMMING
KEITA OKI



VB HOCKEY
PHILIPPE JACQUES, DEVON DE VRIES,
SHAUN MAHONEY (MISSING: RYAN
HOPKINS)



VOLLEYBALL
VALERIA RODRIGUEZ FERNANDEZ

SG BASKETBALL ELISABETH SHANE (NOT SHOWN)



SQUASH
SPORTSMANSHIP: RODRIGO ACEVEZ HERNANDEZ; SENIOR S: DIEGO
RIVEROLL, MATTHEW LIDDELL-GRAINGER, EMILIO ACUNA HERRERA



VOLLEYBALL
SENIOR S: VICTORIA AZAR; SPORTSMANSHIP: FERNANDA RIVA CANSINOS;
SENIOR S: ARIADNA MEZA RUBIO, JULIANNE LEGAULT



JB BASKETBALL
JUNIOR S: ASHER DIXON-BOLES, BEREN LOVEJOY, JUSTIN BOUCHARD;
SPORTSMANSHIP: MAURICIO LOPEZ SANCHEZ



PREP HOCKEY
SPORTSMANSHIP: HAYDEN PIMM; SENIOR S: XAVIER FISK, MARC-ANDRE
DUCHARME, RYAN JOHNSON, PANAYIOTI EFRAIMIDIS, EVAN GASS, RIHITO
HAMANO



VB HOCKEY
SPORTSMANSHIP: DREW SOMERS; SENIOR S: MATTHEW JOHNSON, BODIE
NOBES, BJ ROY, JEREMIE GAGNON



THIRDS HOCKEY
SPORTSMANSHIP: LANA PEASLEY; BANTAM S: WILLIAM TOWNER; JUNIOR
S: PRESLEY LANGEVIN

WTR

ATHLETIC
ASSEMBLY

Trustees' Cup - Swimming: Keita Oki
 Ross Cup - VG Hockey: Laurence Frenette
 Dawes Trophy - VB Hockey: Devon De Vries
 Amaron Trophy - SB Basketball: Ben Chadwick
 Ferguson Trophy - SG Basketball: Elisabeth
 Shane (not shown)



JG BASKETBALL
SPORTSMANSHIP: MARIA CASAS SOTO; JUNIOR S:
IMMANUELLA YUDO



CURLING
SENIOR S: ALICIA WANG, THOMAS LIAO, ANNIE TANG,
ROY LYU; SPORTSMANSHIP: LAURA TANG



SB BASKETBALL
SENIOR S: JORGE CORREIA; SPORTSMANSHIP: TYLER
CARRUTHERS



SG BASKETBALL
SENIOR S: MARIAMA BARRY; SPORTSMANSHIP:
JULIETTE VEILLEUX; SENIOR S: ROSEMARY LEFEBVRE



SWIMMING
BANTAM S: REN NAKAMURA



SWIMMING
JUNIOR S: GEORGIA BAILEY; SPORTSMANSHIP:
ELISABETH GODBOUT



SWIMMING
SENIOR S: KAREN KOSUGI, OSCAR HAASE



VG HOCKEY
SPORTSMANSHIP & SENIOR S: PORTIA ELDAUN;
SENIOR S: JANE GERVAIS

I WOULD BE TRUE, FOR THERE
ARE THOSE WHO TRUST ME;
I WOULD BE PURE, FOR THERE
ARE THOSE WHO CARE;
I WOULD BE STRONG, FOR
THERE IS MUCH TO SUFFER;
I WOULD BE BRAVE, FOR
THERE IS MUCH TO DARE.



I WOULD BE FRIEND TO ALL --
THE FOE, THE FRIENDLESS;
I WOULD BE GIVING AND
FORGET THE GIFT;
I WOULD BE HUMBLE FOR I
KNOW MY WEAKNESS;
I WOULD LOOK UP AND LAUGH
AND LOVE AND LIFT





PRIZES & BACC

GRAD BOXES



Charlotte Riddell

Prior to Baccalaureate, the Advancement Office mailed grad boxes that included graduating students' alumni pin or tie, a class shirt, messages, a folder for their diploma and more. We were able to deliver some boxes to local students personally.



Jane Gervais



Sam Smith (graduating Gr. 11)



Andrew Bouchard & BJ Roy

Unable to gather together, the international student body, faculty, parents and friends watched the speeches and presentations as a YouTube premiere. Many of the speeches were recorded at Centenary Church, the traditional site of the end-of-year celebration. Speakers included Jonathan Cowen (board chair), Acting Head of School Joanne Carruthers, Necola Guerrina (Class of 2009), Erik Van Dyke, Head of School Michael Wolfe, and co-head prefects Rosalie Gadoua-Giroux and Jeremie Gagnon.



Parents and friends found unique and touching ways to celebrate their graduating children.



Andrew Bouchard



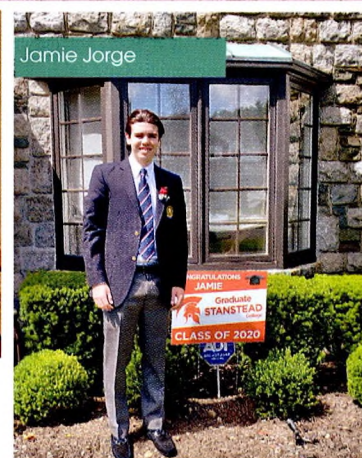
Ba Nam Nguyen



Ben Koo



Sumomo Susuta



Jamie Jorge



Samantha Smith



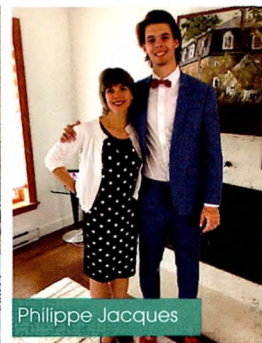
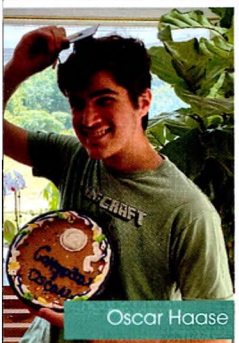
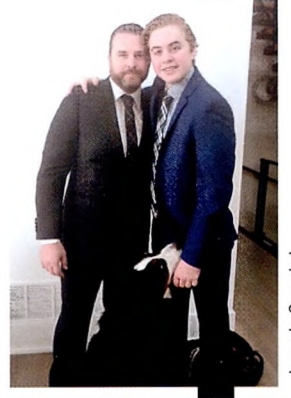
Carter Benedict



BJ Roy

Virtual online social-distancing YouTube baccalaureate

AND PRIZE- GIVING



SPECIAL PRIZES

Donald McG. Hackett Prize for Creativity (in one or more areas of school life): **Oscar Haase**
Sean Kevin Ingutia Music Award (for contribution to music in the school): **Matthew Liddell-Grainger**
Yearbook Award: **Karen Kosugi**
Technology Prize (for a significant contribution to furthering the use of technology in learning & community): **Korey Goudreau**
John T. Hackett Trophy for Senior Debating: **Rosalie Gadoua Giroux**
Lee Audet Trophy for Senior Public Speaking: **Jiabao Hu**
Kathleen Harper Junior Public Speaking Prize: **Gloria Riddell**
Rotary Club Service Award (service above self in the SC Community): **Conner Ehmann**
Community Service Award: **Tyler Carruthers**
Gordon Usher-Jones Memorial Prize (to the Grade 12 student who has attended Stanstead College for one year and who has made an exceptional contribution through involvement in all aspects of school life): **Philippe Jacques**
Everest Award (Awarded to a Grade 11/12 who has overcome challenges and shown significant improvement): **Jasmine Richter**
Billy Huckins Memorial Award (dedication, hard work, achievement and above all courage): **Bodie Nobes**
Fountain Family Memorial Award (to a deserving Northeast Kingdom student): **Ryan Young**
Raymond Lester Memorial Award (Awarded to the student who has benefited from being at Stanstead College): **Tatsuhiko Terakado**
Banting Award (Awarded to a returning local student for academic achievement): **Elodie Roy**
Kenneth Reed Memorial Award (Awarded to a local junior student returning to school): **Avah St-Pierre**
Leonard McGilton Memorial Award (Awarded to a local senior student returning to school): **Rosemary Lefebvre**
Ralph V. Merry Award (top student entering a humanities programme): **Sophia Farfan**
A.P. Gordon Prize for Science (top science student in Grade 11): **Anqi Peng**
Spofforth Trophy for Excellence in Science and Mathematics: **Oscar Haase**
Arthur E. Curtis Jr. Award (top student entering an engineering programme): **Oscar Haase**
Bugbee House Director's Award: **Mateo Alba Alcala**
Davis House Director's Award: **Conner Ehmann**
Cowen House Director's Award: **Helen Yudo**
Webster House Director's Award: **Joliane Legault**
Graham Chandler Sportsman of the Year Award (to the athlete who exemplifies the attributes of character, integrity and sportsmanship): **Juliette Veilleux**
Sheila Ferguson Shield (Awarded to the all-round junior girl athlete of the year): **Georgia Bailey**
S.F. Abbott Shield (Awarded to the all-round junior boy athlete of the year): **Beren Lovejoy**
Shirley Wolter Trophy (Awarded to the all-round senior girl athlete of the year): **Elisabeth Shane**
Thomas Johnson Memorial Trophy (Awarded to the all-round senior boy athlete of the year): **Devon de Vries**
Trueman-McFadyen Award (Awarded to the three varsity sport graduating girl major "S" recipient with the highest overall academic average): **Laurence Frenette**
Bowman Hall Award (Awarded to the three varsity sport graduating boy major "S" recipient with the highest overall academic average): **Devon de Vries**
Faculty-Staff Award (Awarded to a returning student who is deemed most likely to benefit from returning to Stanstead College and who exemplifies the qualities of health, wisdom and integrity): **Nicolas Pokora**
Ashworth Scholarship (Awarded to a deserving local day student who consistently demonstrates effort and excels in some area of activity): **Ryan Young**
Allan Family Friendship Cup (Awarded to a student who has attended Stanstead College for at least one year and who has shown exceptional friendship, camaraderie, kindness and support to all members of the school community across age, gender, language, cultural, and other boundaries): **Oscar Haase**
Grade 7 Academic Award (highest overall average in Grade 7): **Rodrigo Aceves Hernandez**
Grade 8 Academic Award (highest overall average in Grade 8): **Avah St-Pierre / Gloria Riddell**
Grade 9 Academic Award (highest overall average in Grade 9): **Xinyue (Lucy) Wang**
Birks' Bronze Medal (highest overall average in Grade 10): **Marc-Antoine Gobeil**
Governor General's Medal (highest overall average in Grade 11): **Dingyi (Alicia) Wang**
Birks' Silver Medal (highest overall average in Grade 12): **Oscar Haase**
Head of School's Award (Awarded to an active and positive citizen in the Stanstead College community): **Ba Nam Nguyen**
Wilder Shield (Awarded to the junior student with most positive influence): **Dominic Pokora**
Pitcher Memorial Prize (Awarded to the student who has exerted the greatest influence for good): **Jeremie Gagnon**

ACADEMIC PRIZES

Grade 7

Music Prize: **Zifan (Xavier) Gan**
Art Prize: **Valerie Lin**
Science & Technology Prize: **Rodrigo Aceves Hernandez**
English Prize: **Rodrigo Aceves Hernandez**
History & Citizenship Prize: **Rodrigo Aceves Hernandez**
Geography Prize: **Rodrigo Aceves Hernandez**
Amaron Prize for French: **Rodrigo Aceves Hernandez**
Sybil Galambos Prize for Francais: **Valerie Lin**
Mathematics Prize: **Rodrigo Aceves Hernandez**
Physical Education & Health Prize: **Arielle Houde**

Grade 8

Music Prize: **Avah St-Pierre**
Art Prize: **Avah St-Pierre**
Science & Technology Prize: **Gloria Riddell**
English Prize: **Chaz Grenier**
History & Citizenship Prize: **Yile (Tony) Ju**
Geography Prize: **Avah St-Pierre**
Amaron Prize for French: **Mateo Alba Alcala**
Sybil Galambos Prize for Francais: **Gloria Riddell**
Mathematics Prize: **Yueyue (Jasmine) Ding**
Physical Education & Health Prize: **Chaz Grenier**

Most Improvement in French Prize (Grade 7-9):
Tongyao (Amanda) Gu

Grade 9

Music Prize: **Justin Bouchard**
Art Prize: **Georgia Bailey**
Science Prize: **Xinyue (Lucy) Wang**
English Prize: **Xinyue (Lucy) Wang**
History & Citizenship Prize: **Xinyue (Lucy) Wang**
Technology Prize: **Xinyue (Lucy) Wang**
Amaron Prize for French: **Xinyue (Lucy) Wang**
Sybil Galambos Prize for Francais: **Elodie Roy**
Mathematics Prize: **Xinyue (Lucy) Wang**
Physical Education & Health Prize: **Dominic Pokora**
Ethics & Religious Culture Prize: **Ana Camila Torchia**

Grade 10

Music Prize: **Xinyu (Cynthia) Zhang**
Anne Mackenzie English Prize: **Maximiliano Pedicelli**
Art Prize: **Megane Pilon**
Historical Society Prize: **Xinyu (Cynthia) Zhang**
Mathematics Prize: **Xiaoyi (Joel) Xu**
Science & Technology Prize: **Aksel Jalojarvi**
Chemistry Prize: **Marc-Antoine Gobeil**
Physics Prize: **Marc-Antoine Gobeil**
Amaron Prize for French: **Xiaoyi (Joel) Xu**
Sybil Galambos Prize for Francais: **Marc-Antoine Gobeil**
Drama: **Sofia Paradis**
Ethics & Religious Culture Prize: **Joel Xu**

John Wells Prize for Improvement in French (Grade 10-11):
Hajime Saeki

Grade 11

Music Prize: **Wei-Ju (Laura) Tang**
Anne Mackenzie English Prize: **Marianne Picard**
Art Prize: **Aimee Cloutier**
Contemporary World: **Sophia Farfan**
J. Brian Clarke Economics Prize: **Joliane Legault**
J.D. Ferguson History Prize: **Sophia Farfan**
Biology Prize: **Jiabao Hu**
Chemistry Prize: **Dingyi (Alicia) Wang**
Mathematics: **Anqi Peng**
Physics Prize: **Anqi Peng**
Amaron Prize for French: **Dingyi (Alicia) Wang**
Sybil Galambos Prize for Francais: **Marianne Picard**

Grade 12

Economics Prize: **Jiyang (Roy) Lyu**
English Prize: **Devon de Vries**
Psychology Prize: **Emilie Fortunato**
AP French Prize: **Nicolas Pokora**
Biology Prize: **Jiyang (Roy) Lyu**
Chemistry Prize: **Oscar Haase**
Mathematics Prize: **Oscar Haase**
Physics Prize: **Oscar Haase**
Art Prize: **Thomas Liao**
Human Geography Prize: **Andrew Bouchard**
Philosophy Prize: **Helen Yudo**
Comparative Politics Prize: **Helen Yudo**

COVID-19

CORONAVIRUS OUTBREAK

HEARTBREAK

The emergence of a new coronavirus strain in 2019 becomes one of the largest public health threats in recent history. The novel coronavirus causes a respiratory illness called COVID-19 that produces a cough, fever and trouble breathing. After its discovery in China in late December 2019, COVID-19 quickly spreads across the globe with 2.4 M total confirmed cases as of April 18, 2020. Efforts to flatten the growth rate of COVID-19, including school closures, result in major changes to everyday life.

LIFE IN QUARANTINE



SUDDEN SHORTAGE

Stores across the country find themselves with cleaning and sanitary product shortages due to panic buying and hoarding behaviors. One of the most sought-after products is toilet paper.



SOCIAL DISTANCING

Restaurants, houses of worship, retail stores, movie theatres, shopping malls, schools, and more, close in an effort to slow the spread of COVID-19 through "social distancing". Many provinces limit the number of individuals permitted at public gatherings (including weddings & funerals).



SCREEN TIME

Video conferencing usage increases as people leverage the technology to connect with friends and family.



FLATTEN THE CURVE

In order to flatten the growth rate of COVID-19, social distancing becomes a way of life for many. Examples of social distancing include avoiding larger crowds and staying 6 feet away from other people.



NETFLIX & QUARANTINE

Netflix Party, a Google Chrome extension, lets friends watch Netflix shows together while quarantined apart from one another.



STAY HEALTHY

Public Health officials nationally and provincially instruct people to wash their hands often with soap and water for at least 20 seconds, roughly the equivalent of singing "Happy Birthday" twice.

Jostens

CELEBRATION SUSPENSE

As a graduate, it has taken away many of the activities I have been looking forward to. I may not go to Prom, or Grad night, or even walk at my graduation, let alone spend the last 3 months at school with my best friends.

Teagan Tovsrud

WHAT EVENTS ARE YOU CONCERNED ABOUT MISSING DUE TO COVID-19?

Definitely graduation, I want to walk and I want to have people there to support me and see what I've achieved. If we don't have our families there, it just won't be the same.

-Emerald Ramos

I am mostly worried about graduation and my graduation party. I have been looking forward to seeing all of the people that have helped me get to this place and those who will help me succeed in the future.

-Gillian Telfer

My senior prom could possibly be canceled. I already purchased my dress and I have been looking forward to it for months.

-Whitney Weyforth

Graduation and Prom mean a lot to me because I didn't work this hard for 4 years to get nothing out of it. Just walking across a stage and hearing the principal say your name is a big accomplishment for a lot of graduating seniors.

-Alicia Fong

VIRTUAL PROM NIGHT



Classmates show off their prom dresses online while quarantined at home on prom night.

TIME
LINE
OF EVENTS

Festens

Chinese authorities identify the virus as a novel coronavirus, initially named 2019-nCoV, and later renamed COVID-19.

The first case of COVID-19 in Canada

The Diamond Princess cruise ship, with more than 3,600 passengers on board, is quarantined in Yokohama, Japan due to confirmed cases of the coronavirus.

South Korea experiences an outbreak of COVID-19 cases.

339 cases in Canada

The government in Wuhan, China reports dozens of cases of pneumonia of an unknown cause to the World Health Organization.

The first death caused by COVID-19 is reported in China.

The World Health Organization declares a global health emergency.

The first death in Europe associated with COVID-19 is reported in France.

Italy sees a surge in COVID-19 cases, growing from 5 to 150, and begins locking down towns and canceling school and major events.

12/31/19

1/7/20

1/11/20

1/15/20

1/30/20

2/5/20

2/14/20

2/21/20

2/23/20

2/26/20



HOW DO YOU FEEL ABOUT MOVING TO ONLINE LEARNING?

I understand that virtual learning is necessary, but it makes learning a lot less fun. Interacting with teachers and friends teach you more valuable lessons than you can learn virtually.

—Jacob Engle

I initially thought I would enjoy virtual learning, however, it is not as easy as I would have imagined. If I am not begging the WiFi to work, I am resisting the urge to constantly check social media and my messages.

—Elizabeth Jansen

I miss driving to school every morning while jamming to some music.

—Isabella Mulder

I actually like it! I can do my homework on my own time and I don't have to wake up so early to do it, therefore,

I am more focused.

—Amie Thresher

I'm okay with it, mainly because I can stay in my pajamas.

—Nika Lee



WHAT ARE YOU MOST CONCERNED WITH RUNNING OUT OF DURING QUARANTINE?

I know it sounds cliché, but toilet paper. The reason being that I can't find toilet paper at any local stores because everyone is hoarding it.

—Lilly Marie Weber

Dog food!

—Jessica Washburn

I'm worried about not having access to my teachers (in person). Yes, emails are a way to stay in touch with them, but there's something about talking to a teacher in person that helps me way more than an email ever could.

—Natalie Salter



HOW HAVE YOU BEEN PASSING THE TIME?

"When I'm not binging Netflix I do a lot of cooking and baking as well as trying to stay active by going on walks or runs around my neighbourhood before summer comes around and all the mosquitoes come out at night :))"

—Victoria Li

I am doing a lot of puzzles. 3,850 pieces to be exact.

—John Franklin

I have been able to catch up on Netflix!

—Celeste Ponce

I've learned new TikTok dances and tried new recipes/hacks I've always wanted to try.

—Jacqueline O'Moulasy





In a special episode of The Harbor by Jostens, host Mike Smith talks about how to stay rooted in love, hope, and optimism during these unprecedented times.

Jostens

ROOTED IN LOVE

**DESPITE THE ADJUSTMENTS
DUE TO COVID-19, ARE
THERE ANY POSITIVE
EXPERIENCES YOU HAVE
HAD?**

I would say this has helped me connect with family better. We had a family game night Tuesday and movie night last night. It has helped us come together in a not so good time.

-Kendal Lynn Adams

Since I've been staying at home, I've been able to hang out with my little brother and become real close with him. I've never realized how funny he was.

-Anthony Bonet

COVID-19 has made me realize how grateful I am for the simple things in my life, like being able to go to school every day. Even though I sometimes complain about the workload, I never realized how much I would miss going to school until I wasn't able to.

-Elizabeth Stuart-Chaffoo

I have learned to respect what elementary school teachers do every day because teaching my little brother is DIFFICULT.

-Kameron Koehler

WORDS OF ENCOURAGEMENT

WHAT WORDS OF ENCOURAGEMENT WOULD YOU LIKE TO SHARE WITH THE WORLD?

Other generations have had their setbacks and struggles. It seems that our time for them has come and just like our ancestors, we will get through this together. We will come out stronger and more connected than before.

-Brian Miske

You can learn something from this time off. Take this time to get stuff you've waited to get done DONE!! Don't take this time for granted. One day you're going to be telling your kids what you did these weeks. Don't have a lame story to share.

-Layten Goudy

Try journaling about your experience! I'm sure it'll make for a great story to tell your future family and friends, plus, it helps to get all your bottled up feelings on paper.

-Melissa Harbican

Find the silver lining in all of this. I guarantee you can find some good in this abyss of bad. Reaching out to those closest to you is super important if you feel like you're struggling.

-Sydney Scarboro

Jostens

Published in Canada
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WORLD BEAT 2019 2020

This year's top headlines in technology,
sports, music, movies and pop trends.

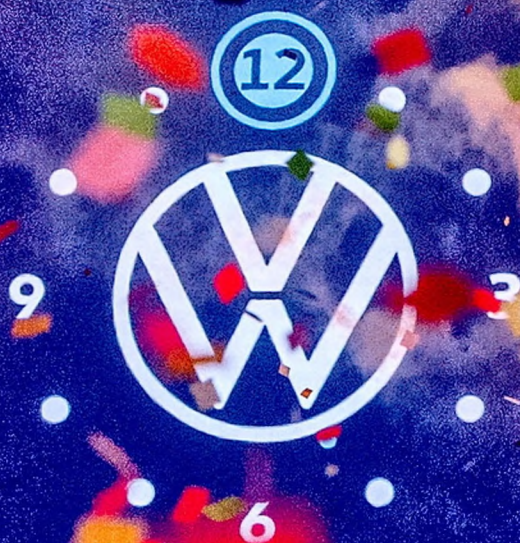


RING IN THE ROARING '20s

DECADE HIGHLIGHTS

- 2010** **APPLE UNVEILS THE FIRST iPad**
Over three million units are sold in the first 80 days.
- 2011** **THE LAST HARRY POTTER FILM DEBUTS**
It becomes the highest-grossing film of 2011.
- 2012** **PRINCE WILLIAM AND KATE MIDDLETON ARE MARRIED**
Held at Westminster Abbey in London, UK, 23 million Americans tune in for the ceremony.
- 2013** **"THE HARLEM SHAKE" GOES VIRAL**
The dance craze hits 1 billion views on YouTube in only 40 days.
- 2014** **THE ICE BUCKET CHALLENGE RAISES \$115 MILLION FOR ALS RESEARCH AND AWARENESS**
Scientists discover a new gene tied to ALS thanks to funds from the challenge.
- 2015** **IS THE DRESS #BLACKANDBLUE OR #WHITEANDGOLD?**
Officially, it is black and blue.
- 2016** **LEONARDO DICAPRIO FINALLY WINS AN OSCAR**
He is previously nominated for five acting Oscars and one producing Oscar.
- 2017** **CANADA CELEBRATES ITS 150TH ANNIVERSARY**
Also known as Canada 150, Canadians came together and celebrated what it means to be Canadian.
- 2018** **PRINCE HARRY AND MEGHAN MARKLE ARE MARRIED**
The Duchess is the first American to marry into The Royal Family since 1937.
- 2019** **STREAMING SERVICES RULE THE ENTERTAINMENT MARKET**
Disney+, Apple TV+, Prime Video, Netflix, Hulu, HBO, Sling TV...the options are endless.

2020



HAPPY
NEW
YEAR!

Volkswagen

HEADLINES



A LEGEND LOST

Kobe Bryant and his daughter, Gianna Bryant, are killed in a helicopter crash along with seven others on January 26, 2020. Bryant is widely regarded as a basketball legend for his 20-season career with the Los Angeles Lakers and is the all-time leading scorer in Lakers franchise history.



FASTEST FINISH

Eliud Kipchoge finishes the Austrian INEOS marathon in 1 hour, 59 minutes and 40.2 seconds. He is the first human in history to run a marathon in under two hours. According to a team of pacemakers who keep up with Kipchoge throughout the ordeal, he runs a pace of 4:33.5 minutes per mile to finish the race ahead of schedule.



HISTORIC SPACEWALK

Astronauts Christina Koch and Jessica Meir complete the first spacewalk with an all-woman team. This is Koch's fourth space walk and Meir's first. NASA Administrator Jim Bridenstine mentions that NASA's Artemis program is currently working to land the first woman and the next man on the moon in 2024.



TRUDEAU TRIUMPH

Justin Trudeau is re-elected as Prime Minister in the 2019 Canadian Federal Election. The Liberal Party is elected to a minority government, having lost the majority they won when forming government in 2015.

NOTRE DAME DESTRUCTION

A mammoth blaze tears through the Notre Dame Cathedral in Paris, nearly destroying the 850-year-old landmark. The church's wooden latticework roof and iconic spire collapse, but many of the valuable cultural treasures avoid damage with some kept safe at the Louvre Museum. French President Emmanuel Macron would like the Notre Dame Cathedral to be rebuilt in five years, but restoration experts believe it could take 10 to 15 years. More than \$700 million is collected in donations for the reconstruction, including \$100,000 from the University of Notre Dame in Indiana.

GLOBAL FIRES

Massive wildfires rage on two continents: in Brazil's Amazon rainforest and across Australia. This year the Amazon rainforest experiences the highest number of fires since Brazil's National Institute for Space Research began keeping records in 2013, which burn 2.2 million acres. The Australian bushfires primarily affect the state of New South Wales and 12 million acres are burned as of January 2020. New South Wales is home to Australia's most populous city, Sydney.

LOST CONTINENTS

Douwe van Hinsbergen — a geologist at Utrecht University in the Netherlands — and his colleagues discover a lost continent known as Greater Adria while studying rocks beneath the Mediterranean Sea. Approximately 140 million years ago, Greater Adria and southern Europe collided, burying Greater Adria in the process. Most of the continent sank beneath what is now Italy, Greece and the Baltics. Analysis of ancient rocks suggests that almost all of Earth's earliest continents might have disappeared, leaving traces behind like certain rocks found on the Alps.



ROYAL RETREAT

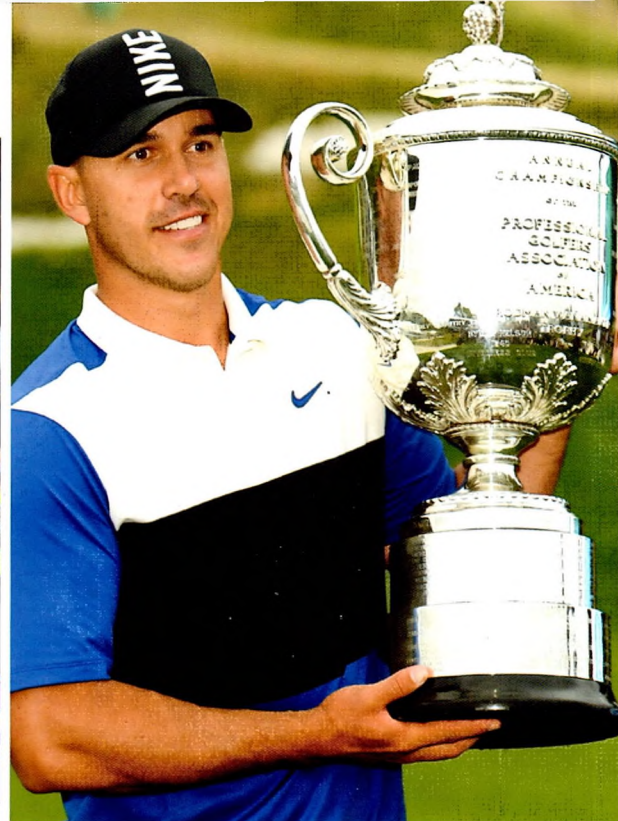
The Duke and Duchess of Sussex announce they are stepping down as "senior" working royals. The couple intend to live in Canada approximately half of each year, and pursue charitable works and employment independent of the Crown. Struggles with the media are cited as a contributing factor.

SPORTS



PHOTO FINISH

Lawrence Cherono wins the 2019 Boston Marathon in the third-closest finish ever, edging out Lelisa Desisa by two seconds. A review of the photo finish is needed to confirm the winner.



BACK TO BACK BROOKS

Brooks Koepka is a back-to-back winner of the PGA Championship. This is his fourth major win in 23 months, a milestone only four other golf greats have reached: Ben Hogan, Arnold Palmer, Jack Nicklaus and Tiger Woods. This is the first repeat PGA Championship winner since Tiger Woods in 2007.

WOMEN'S WORLD CUP

USA defeats the Netherlands 2-0 at the FIFA Women's World Cup. This is the fourth World Cup win for the U.S. Women's Soccer team and their second straight World Cup title. Co-captain Megan Rapinoe and team member Rose Lavelle score the two winning goals.



RAPTORS REIGN

The Toronto Raptors defeat the Golden State Warriors 114-110 in the NBA Championship Game. This is the first NBA Championship title in franchise history and the first-ever Canadian win.



VICTORY ON ICE

Team Canada defeats Team Russia 4-3 in the World Junior Hockey Championship in January 2020. Team Canada now holds 18 gold medals, more than any other country.

WORLD CHAMPIONS

2020 IIHF WORLD JUNIOR CHAMPIONSHIP

SPORTS

GREY CUP CHAMPIONS

The Winnipeg Blue Bombers claim victory over the Hamilton Tiger-Cats in the 2019 Grey Cup Championship by a score of 33-12. This is the Blue Bombers' first Grey Cup victory since 1990.



MEN'S SOCCER

While Toronto FC fails to defeat the Seattle Sounders in the 2019 MLS Cup, the Canadian Men's National Team defeats the USA 2-0 in the 4th Concacaf Nations League A match.



CANADIAN CHAMPION

Bianca Andreescu takes home the 2019 U.S. Open women's singles title, defeating Serena Williams in the final match. She is the first Canadian to win a Grand Slam singles title.

HISTORIC HEIGHTS

Simone Biles wins five gold medals at the 2019 World Championships, more than any gymnast at a single World Championship since 1958. She also earns her 25th career World medal, 19 of which are gold, a total that surpasses any gymnast in history. While winning her sixth U.S. all-around title in Stuttgart, Germany, the 22-year-old gymnast successfully lands two historic gymnastics moves: the double-double dismount off the balance beam and the triple-double on floor. Her landing of the triple-double move on floor is dubbed the Biles II in the FIG Women's Artistic Gymnastics Code of Points. She also has a floor element named the Biles.

2019 DAVIS CUP

Canada reaches the final of the Davis Cup for the first time in 2019. Felix Auger-Aliassime and Denis Shapovalov led Canada to victory in the 2015 Junior Davis Cup and come in second in the 2019 Davis Cup final against Spain.



FORTNITE WORLD CUP

American teenager Kyle Giersdorf, 16, wins \$3 million and takes the top prize at the Fortnite World Cup. The tournament is held at Arthur Ashe Stadium on July 28, 2019 in New York City. Giersdorf is one of at least 100 players competing for \$30 million in total prize money.



TECH/SCIENCE

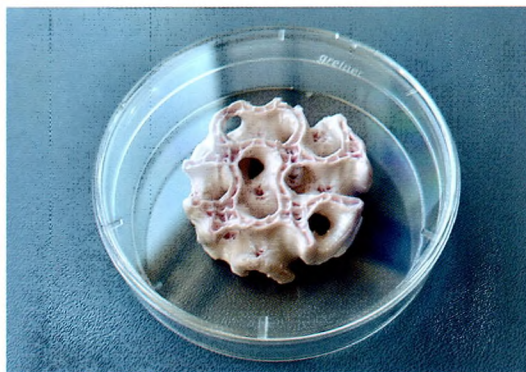
A NEW WAY TO APPLY

McDonald's announces a new initiative it is calling the "Apply Thru," where owners of Amazon Alexa or Google Assistant devices can begin job applications using standard "Alexa" and "Ok Google" voice commands. The company is also investing in ways to automate its self-order kiosk, mobile app and drive-thru experiences.



FORTNITE FREEZE

Popular online game *Fortnite* goes silent for 36 hours before launching an entirely new experience, dubbed Chapter 2. Epic Games, the creator of *Fortnite*, foreshadows this event through social media, via video trailer and by generating a black hole within the game itself.



3D TECHNOLOGY

Scientists from Dresden University of Technology in Germany develop a 3-D bioprinter capable of producing human tissue. Scientists design this technology specifically for future astronauts experiencing low gravity conditions.



AMAZING ADVANCEMENTS

Two successful experimental treatments are offered to Ebola patients in the Democratic Republic of Congo. Scientists note that 90% of those infected can ultimately be cured with these treatments.

OUT OF THIS WORLD ANNIVERSARY

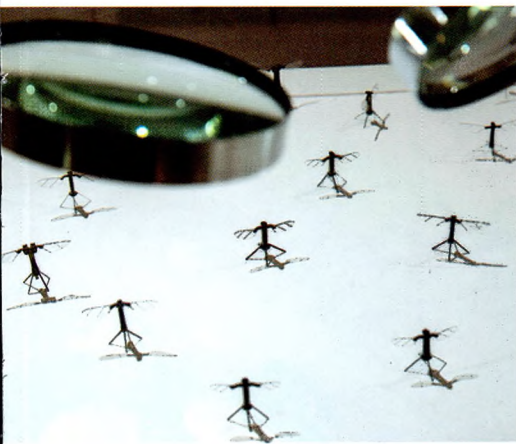
Fifty years ago, on July 20, 1969, about half a billion people across the globe – about one-seventh of the Earth's population at the time – watch NASA astronauts Neil Armstrong and Buzz Aldrin become the first humans ever to set foot on the moon as part of NASA's Apollo 11 lunar mission. The 50th anniversary celebration is marked with numerous events across the U.S. over five days. NASA restores the Apollo Mission Control Center to appear as it did during the original television broadcast of the moonwalk, to the delight of visitors to the Space Center Houston.





CORONAVIRUS CHAOS

An outbreak of a coronavirus first identified in China spreads quickly across the globe. The new coronavirus (officially called COVID-19) causes fever, cough and shortness of breath and is responsible for more than 1,100 deaths in mainland China as of February 2020.

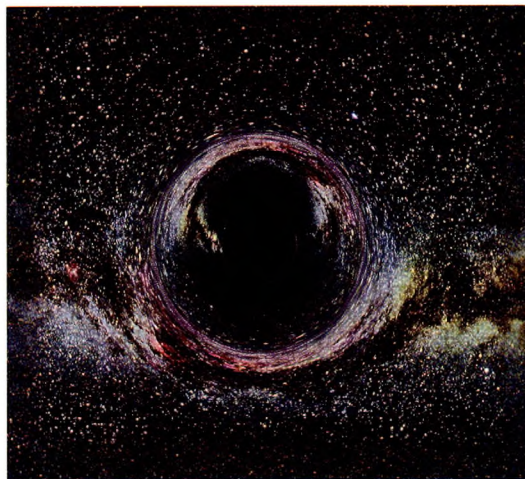


ROBOBEE

Harvard researchers Noah Jafferis and Elizabeth Helbling unveil an insect-inspired robot that can fly independent of a power source tether. The device, dubbed the RoboBee X-Wing, weighs a mere 259 milligrams.

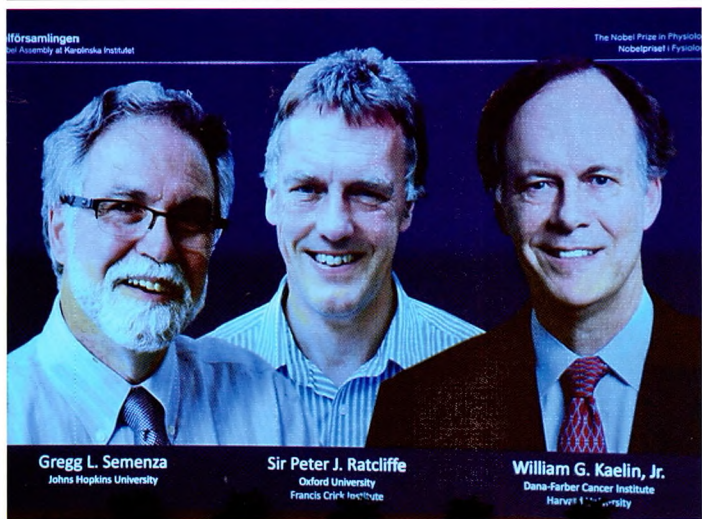
DISTANT DISCOVERIES

NASA releases video of a black hole tearing apart a star millions of light-years away. Astronomers believe the black hole weighs about 6.6 million times the sun's mass and is located about 375 million light-years from Earth.



MINECRAFT COMEBACK

According to Google trends, online searches for *Minecraft* peaked in 2012 and 2013. They have been on a steady decline since until 2019. In September, Google searches for the game boosted to 76% of their all-time high. It surpassed even *Fortnite*, arguably the most popular game in the world in 2018. This family-friendly game has 176 million copies sold as of May 2019, making it the second-highest game ever, under *Tetris*. Many companies choose to advertise on the game, as it is not violent or controversial. Younger audiences have gained interest with well-known YouTube personalities attracting new users and creating a widely popular weekly Minecraft tournament series known as "Minecraft Monday."



NOBEL PRIZE

The Nobel Prize in Physiology or Medicine is awarded to William Kaelin Jr., Peter Ratcliffe and Gregg Semenza for their discoveries related to how cells sense and adapt to oxygen availability. This fundamental process is key to embryonic development, adapting to high altitudes and exercising, as well as developing treatments for anemia and various types of cancers.

MUSIC/MOVIES

**BILLBOARD
#1 SONG**

"Old Town Road" by Lil Nas X featuring Billy Ray Cyrus



RECORD BREAKER

Frozen II becomes the highest-grossing animated movie of all time.



END OF AN ERA

After 42 years and nine movies, the Skywalker saga comes to a close with the release of *Star Wars: The Rise of Skywalker*.



NEW SCHOOL VS. OLD SCHOOL

Music streaming services are more popular than ever, with Spotify, Apple and Amazon in constant competition for the top spot. In contrast, vinyl records make a comeback among younger generations as a tangible alternative to digital options.



SPOTIFY'S MOST STREAMED PODCAST GENRE

Comedy

TOP 3 MOVIES

- #1 Avengers: Endgame
- #2 The Lion King
- #3 Toy Story 4



STREAMING SERVICES

Apple TV+ launches November 1 and Disney+ launches November 12, 2019. Apple notes they will offer fresh and exclusive content for just \$5.99 per month, while Disney+ offers access to 7,500 episodes from various Disney shows and 500 movies for \$8.99 per month.

CLASS OF 2020

ICON OF THE DECADE

Singer Taylor Swift is awarded the inaugural Icon Award at the 2019 Teen Choice Awards. Fox calls the artist “a pop culture icon whose accolades and achievements go beyond topping music charts and selling out stadiums worldwide.” Taylor shares a surprise at the end of her acceptance speech, telling viewers that there’s “so much to be excited about in the next 12 days.” She then shares details of her new single, “Lover,” which debuts on Friday, August 16. The following week, Swift’s new album “Lover” drops and accounts for 27% of all U.S. album sales in its first week.



COUNTRY MUSIC AWARDS

Entertainer of the Year: Garth Brooks

Male Vocalist of the Year: Luke Combs

Female Vocalist of the Year: Kacey Musgraves

PEOPLE'S CHOICE AWARDS

The Movie of 2019: *Avengers: Endgame*

Male Movie Star of 2019: Robert Downey Jr., *Avengers: Endgame*

Female Movie Star of 2019: Zendaya, *Spider-Man: Far From Home*

Male TV Star of 2019: Cole Sprouse, *Riverdale*

Female TV Star of 2019: Millie Bobby Brown, *Stranger Things*



ARTIST TO WATCH

Country Artist Kane Brown has released two albums in two years and has performed many successful collaborations with artists outside of Nashville, including "Saturday Nights REMIX," with almost 300 million streams on Spotify, and "One Thing Right" with music producer Marshmello and 42 million streams. Brown wins Male Video of the Year for his single "Lose It" and Artist of the Year at the 2019 CMT Artists of the Year ceremony.

LIFETIME ACHIEVEMENT AWARD

The Hollywood Foreign Press Association (HFPA) gives the Cecil B DeMille lifetime achievement award to Tom Hanks at The Golden Globe Awards on January 5, 2020. Hanks has won four Golden Globes and has been nominated for nine. Hanks made his movie breakthrough in the 1988 film *Big*, with other career highlights including *Sleepless in Seattle*, *Saving Private Ryan* and voicing cowboy doll Woody in the *Toy Story* film series. He will next be seen on the big screen in *A Beautiful Day in the Neighborhood* playing U.S. children's television host Fred Rogers (Mr. Rogers).



PEOPLES ICON AWARD

Jennifer Aniston is honored as People's Icon at the 2019 People's Choice Awards in Santa Monica, California, on November 10. Aniston is well known for her role as Rachel Green in *Friends* and has since starred in countless romantic comedy hits such as *Marley & Me* and *He's Just Not That Into You*. Earlier this year, Aniston "breaks the internet" with her Instagram page, which crashes shortly after debuting her first post (a *Friends* cast reunion photo). Aniston racks up more than 116,000 followers in under an hour.



TEEN CHOICE AWARDS

Big Winner: *Avenger: Endgame* – Choice Action Movie, Choice Action Movie Actor (Robert Downey Jr.) and Choice Action Movie Actress (Scarlett Johansson)

Choice Music Group: Why Don't We

Choice Summer Song: "Senorita" – Shawn Mendes and Camila Cabello

Choice Summer TV Show: *Stranger Things*





Rodrigo Aceves Hernandez • Emilio Acuna Herrera • Lily Adams • Andrey Afanasyev • Mateo Alba Alcala • Alexa Ascobere Arcaute • Victoria Azar • Bo Bailey • Georgia Bailey • Xihan "Bella" Bao • Mariama Barry • Logan Béasse • Cedric Beauregard • Carter Benedict • Alexei Bérubé • Andrew Bimm • David Blais • Maximilian Boehm • Ariela Boltvinik Palacios Roji • Lorenzo Bono • Andrew Bouchard • Justin Bouchard • Stéphanie Bourque • Dylan Brand • Krystine Breton • Andrei Bucatel • Sarah Callaghan • Marla Teresa Calva-Xolalpa • Tyler Carruthers • Maria Casas Soto • Bennett Chadwick • Yu Shan "Gordon" Chan • I-Kai "Kevin" Chen • Chaeyoung Cheong • Nil Cle • Aimee Cloutier • Jeniva Coffee • Dominique Cormier • Jorge Correia • Jiyuan "Eric" Cui • Tiali Danyluk • Devon De Vries • Michael Deforel • Fritz Dietrich • Yueyue Ding • Seth "Asher" Dixon-Boles • Shicheng "David" Dong • Marc-Antoine Ducharme • Corali Duguay • William Duhamel • William Dyke • Panayioti Efraimidis • Conner Ehmann • Emily Eikelboom • Portia Eldaun • Sophia Farfan • Cecilia Fava • Victoria Fernandez Garcia • Xavier Fisk • Hadley Forbes • Emilie Fortunato • Laurence Frenette • Borys Frenkel • Rosalie Gadoua-Giroux • Jérémie Luc Gagnon • Claudie Gamache • Zifan "Xavier" Gan • Evan Gass • Jane Gervais • Marc-Antoine Gobeil • Elisabeth Godbout • Trofim Godochkin • Charles Goudreau • Korey Goudreau • Chaz Grenier • Loraly Grenier • Nikita Grinko • Tongyao "Amanda" Gu • Xinyang "Howard" Gu • Patricio Gutierrez Barona • Oscar Haase • Marian Haborak • Rihito Hamano • Jose Alberto Herrera Baez • Owen Hollingsworth • Emily Holmes • Charles Hon • Ryan Hopkins • Arielle Houde • Jiabao Hu • Taohong "Kevin" Hu • Wei "David" Huang • Dominique Hudon • Nicole Isaak • Philippe Jacques • Aksel Jalojarvi • Carl Jeeves • Yuxuan "Albert" Jiang • Lex Johansson • Hannah Johnson • James Jorge • Yile "Tony" Ju • Jakub Kaczynski • Jakub Kalny • Aick Karayenzi • Tiisetsetso • "TK" Koketso • Benjamin Koo • Karen Kosugi • Maxim Kubanek • Justin Laforce • Trevor Laforce • Luca Laliberté • Presley Langevin • Gage Larkin • Benjamin Leclerc • Christopher Leclerc • Ho Lee • Marguerite Lefebvre • Rosemary Lefebvre • Joliane Legault • Juliette Leroux • David Lessard • Zheyuan "Leo" Li • Thomas Liao • Matthew Liddell-Grainger • Huixin "Crystal" Lin • Valerie Lin • John "Jack" Lippmann • Mauricio Lopez Sanchez • Beren Lovejoy • Paradis Lovejoy • Yuwei "Kimi" Lu • Yuyi "Emily" Lu • Jiyang "Roy" Lyu • Xingda "David" Lyu • Anna MacLaren • Cameron MacLean • Shaun Mahoney • Marc-Antoine Mailhot • Gabriel Maitre • Gregoire Malbezin • Audrey McCutcheon • Xiang Rui Meng • Ariadna Meza Rubio • Eimeri Mikkola • Alexia Moreau • Ren Nakamura • Marie-Ange Ndekwe • Ba Nam Nguyen • Moe Nishizawa • Bodie Nobes • Todd Northgrave • Yoshihiro Oh • Keita Oki • Mika Olivieri • Gergely "Greg" Grosz • Alexander Pagliari • Yuchen "Richard" Pan • Noah Papillon • Sofia Paradis • Kazuaki Peasley • Lana-Michelle Peasley • Maximiliano Pedicelli • Anqi Peng • Beatrice Perron-Roy • Anna Petri • Marianne Picard • Mégane Pilon • Hayden Pimm • Dominic Pokora • Nicolas Pokora • Karel Préfontaine • Lelin "Alex" Qin • Antoine Remillard • Léa-Rose Remillard • Melianne Reynolds • Isabelle Richard • Jasmine Richter • Charlotte Riddell • Gloria Riddell • Joseph Riddell • Fernanda Rivas Cansinos • Diego Riveroll Dodero • Catalina Roca • Valeria Rodriguez Fernandez • Xavier Rodriguez • Bradley James "BJ" Roy • Elodie Roy • Valentina Ruanova Aguilar • Béatrice Ruf • Simone Ruf • Victoria Ruf • Hajime Saeki • Juan Pablo Sanchez Portilla • Guillermo Santillan Becerra • Riho Sasamoto • Jacob Sauriol • Austin Scarinza • Ava Shaffer • Elisabeth Shane • Tianzhen "Jason" Shao • Haokang Shen • Yuchen "Leo" Shi • Yuzhe "Kevin" Shi • Simon Singher • Benjamin Smith • Samantha Smith • Samuel Smith • Drew Somers • Zachary Stephens • Maxwell Stewart • Avah St-Pierre • Meiqi "Maggie" Sun • Sumomo Susuta • Jiale "Candice" Tang • Wei-An "Annie" Tang • Wei-Ju "Laura" Tang • Kieran Templeman • Tatsuhiro Terakado • Ana Camila Torchia • Yoan Torello • William Towner • Jérémy Tremblay • William Urrutia Mendez • Hector Vazquez Avila • Juliette Veilleux • Denis Vittenberg • Svenja Voigt • Georg Von Franckenstein • Dingyi "Alicia" Wang • Xinyue "Lucy" Wang • Kennedy Wilson • Hayley Wolfe • Tamara Wood-Downey • Jiajun "Michael" Wu • Jiaxuan "Jackie" Xu • Xiaoyi "Joel" Xu • Keiji Yamamoto • Mishio Yokouchi • Marie Yoshizawa • Ryan Young • Helen Yudo • Immanuella Yudo • Xinyu "Cynthia" Zhang • Yunyan "Joy" Zhao